



**ANTIMICROBIAL ACTIVITY OF *IN VITRO* AND *IN VIVO* PLANT
EXTRACTS OF *CEROPEGIA PUSILLA*. WIGHT AND
ARN AN ENDEMIC MEDICINAL PLANT**

K.KALIMUTHU* R.PRABAKARAN AND C. BRINDHA**

*Plant Tissue Culture Division, PG and Research Department of Botany,
Government Arts College (Autonomous), Coimbatore-641018, India*

*** PSG College of Arts and Science Coimbatore.*

ABSTRACT

The present study aimed at to evaluate the antimicrobial activity of methanol extracts of the endemic medicinal plant, *Ceropegia pusilla* against five different bacterial strains namely, *Shigella sonnei* MTCC 2957, *Klebsiella pneumoniae* MTCC 109, *Escherichia coli* MTCC 118, *Staphylococcus aureus* ATCC 43300 and *Bacillus* sp., and four different fungal strains namely, *Aspergillus* sp., *Mucor* sp., *Penicillium* sp., and *Candida albicans* ATCC 60192, by agar well diffusion method. The methanol extract from the *in vitro* plant showed higher inhibitory effect towards the bacterium, *Klebsiella* sp., moderate inhibitory effect against the fungal strains *Penicillium* sp., and *Candida albicans*. There is no inhibitory effect towards the other bacterial and fungal strains whereas the extract from *in vivo* plant showed a higher inhibitory effect towards the bacterium *Klebsiella* sp., and fungal strains *Mucor* sp., *Penicillium* sp., and *Candida albicans*., moderate inhibitory effect against *Staphylococcus* sp., and no inhibitory effect against the other bacterial and fungal strains. On the basis of this experimental result, it can be concluded that methanol extract of *in vitro* and *in vivo* plants of *Ceropegia pusilla* could be considered for further isolation and evaluation as therapeutic antimicrobial.

KEYWORDS: *Ceropegia pusilla*, *in vitro* and *in vivo* plants, methanol extract, Antimicrobial activity.



K.KALIMUTHU

*Plant Tissue Culture Division, PG and Research Department of Botany,
Government Arts College (Autonomous), Coimbatore-641018, India*

Email : k_kalimuthu@rediffmail.com

*Corresponding author

INTRODUCTION

Infectious diseases represent an important cause of morbidity and mortality among the general population, particularly in developing countries. Bacterial species presents the genetic ability to acquire and transmit resistance against currently available antibacterials. These antimicrobial resistant bacteria are the cause of numerous clinical problems worldwide and the development and increase of resistance among pathogens causing nosocomial and community-acquired infections and are associated with the widespread utilization of antibiotics¹⁻⁴. Hence it is very important to develop new antimicrobial drugs especially from natural products. Medicinal plants act as a rich source of anti-microbial agents, and used as a potent source of the powerful drugs. The raw drug obtained from various parts of different plant species has different medicinal properties⁵. Considering the vast potentiality of plants as sources for antimicrobial drugs several authors have investigated the antimicrobial activity of many medicinal plants⁶⁻⁹. In India, high species richness in plants enhances the scope of the medicinal plant research. Western Ghats is very rich in its medicinal wealth. The forests and other vegetations of this region is a treasure house of about 700 medicinal plants and out of which some are used for traditional and folk huge medicinal practices. Many are exploited commercially for their active enzymes and their commercial value. *Ceropegia*, is an old world tropical genus, includes about 200 species and distributed in tropical and sub-tropical Asia, Africa, Australia, Malaysia, and in the canary of Pacific Islands¹⁰. In India, 50 species are present¹¹, out of which 28 are endemic to peninsular India¹² and among them *Ceropegia pusilla* is an endemic and endangered plant, grows widely in the hilly tracts of South India¹³. The tubers are edible and contain an alkaloid called ceropegin¹⁴, used in Ayurvedic drug preparation that are active against many diseases especially diarrhea, dysentery and syphilis. The root tuber also contains starch and used as a nutritive tonic and blood purifier¹⁵⁻¹⁶. This plant is also used as an antidote for snake

bite¹⁷. Hence the present study reveals the mysteries of the antimicrobial activity of the medicinal plant *Ceropegia pusilla* (*in vitro* and *in vivo*) which has a possible application in the pharmacological industries to produce new drugs of higher potential against the pathogens dominating the human life.

MATERIALS AND METHODS

(i) Plant materials

Plant of *Ceropegia pusilla* was collected from Ooty, Nilgiris District, Tamilnadu (India) and authenticated by Botanical Survey of India (BSI/ SRC/ 5/23/2012-13/ tech, 1268).

(ii) Crude methanol extract preparation

The *in vitro* and *in vivo* fresh plants were carefully washed with tap water, rinsed with distilled water and air dried for one hour. Then it was cut into small pieces, dried in room temperature for two weeks, grounded into powder with the help of hand mill and stored in room temperature. The whole plant powder was macerated in methanol 95% (v/v) in 1:3 proportions at room temperature, undergoing mechanical shaking for 4 hours followed by filtration. The extract obtained was concentrated in a rotary evaporator at 40°C and the residue was extracted twice again analogously, thereby obtaining the crude methanol extract.

(iii) Test microorganisms

The microorganisms used in this study includes *Staphylococcus aureus* ATCC 43300, *Shigella sonnei* MTCC 2957, *Klebsiella pneumoniae* MTCC 109, *Escherichia coli* MTCC 118 and *Bacillus* sp., and fungal strains *Aspergillus* sp., *Candida albicans* ATCC 60192 *Mucor* sp., and *Penicillium* sp., were obtained from the Department of Microbiology, Hindustan College of Arts and Science, Coimbatore. The bacterial and fungal strains were cultured on respective selective media and stored at 20°±2°C.

(iv)Preparation of inoculums

Exactly 18 hour broth culture of the test bacteria isolates was suspended into sterile nutrient broth and fungal strains in sterile distilled water. 1.0×10^6 CFU/ml.

(v)Antimicrobial assay – Well diffusion method

The modified agar well diffusion method was employed to determine the antimicrobial activities¹⁸. About 0.2 ml of the standardized 24 hour old broth culture of the test organisms were spread onto sterile Muller Hinton Agar plates. These were then allowed to set. Methanol extracts (30 µg/ml) of in vitro and in vivo plants were prepared. With the aid of a sterile cork borer, wells of about 6 mm in diameter were bored on the plates. About 0.5 ml of the extract was dispensed into the wells and then allowed to stand for about 15 minutes for pre diffusion of

the extracts to occur. The plates were then incubated at 37⁰C for 24 hours. At the end of the incubation period, inhibition zones formed on the agar plates were observed for various bacterial and fungal strains and are tabulated.

RESULTS AND DISCUSSION

The antimicrobial activity of methanol extract of the whole plant of *C. pusilla* was assayed against five species of bacteria including *Shigella sonnei*, *Klebsiella pneumoniae*, *Escherichia coli*, *Staphylococcus aureus*, *Bacillus* sp., and four species of fungi including *Aspergillus* sp., *Mucor* sp., *Penicillium* sp., and *Candida albicans* by agar well diffusion method. Results of antimicrobial activity assays are presented in Table 1&2 and Figures 1&2.

Table 1
Antibacterial activity of methanol extract of *C.pusilla* whole plant.

Methanol extract of	<i>Escherichia Coli</i>	<i>Klebsiella</i> sp.,	<i>Shigella</i> sp.,	<i>Staphylococcus</i> sp.,	<i>Bacillus</i> sp.,
<i>In vitro</i> plant	R	S	R	R	R
<i>In vivo</i> plant	R	S	R	I	R

Table 2
Antifungal activity of methanol extract of *C.pusilla* whole plant.

Methanol extract of	<i>Aspergillus</i> sp.,	<i>Mucor</i> sp.,	<i>Penicillium</i> sp.,	<i>Candida albicans</i>
<i>In vitro</i> plant	R	R	I	I
<i>In vivo</i> plant	R	S	S	S

Key note: R-Highly Resistant I-Intermediate (moderately sensitive) S-Sensitive

Figure 1
Antibacterial patterns of methanol extract of *C.pusilla* whole plant.

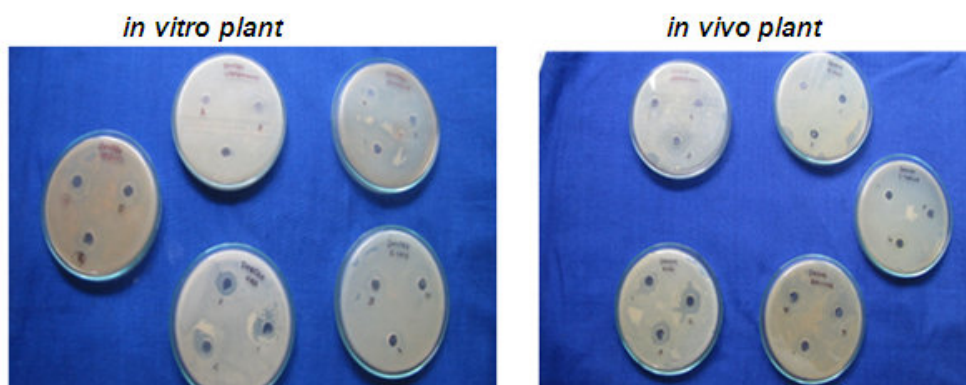
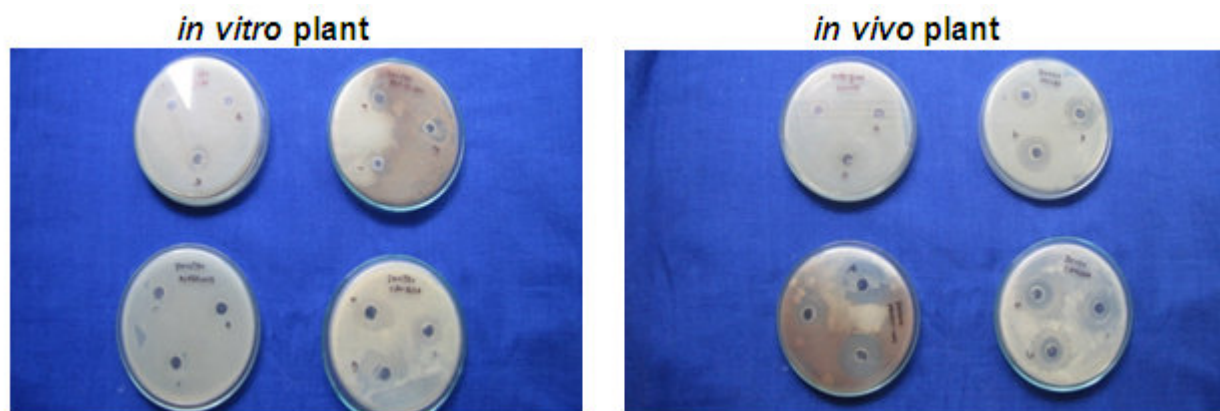


Figure 2
Antifungal patterns of methanol extract of *C.pusilla* whole plant.



The methanol extract of the *in vitro* whole plant showed effective antibacterial activity against *Klebsiella* sp., and moderately inhibit the growth of the fungi *Penicillium* sp., and *Candida albicans*. The *in vitro* plant extract did not show any antimicrobial activity against the other test microorganisms. The methanol extract of the *in vivo* whole plant also showed good antibacterial activity towards *Klebsiella* sp., fungus *Mucor* sp., *Penicillium* sp., and *Candida albicans*. The extract also moderately inhibited the growth of the bacterium of *Staphylococcus* sp. All other test microorganisms showed resistance against the methanol extract of *in vivo* plant. Plants that have antimicrobial compounds present in them have tremendous potential to be used for therapeutic purposes without any undesirable effects that are usually observed while using

synthetic compound¹⁹. The results obtained in the present study indicate the presence of antimicrobial compounds in the crude extracts of this plant that can inhibit the growth of some micro-organisms which show a correlation between the reported uses of these local plant species against different microbial pathogens. This provides justification for the use of this plant in folk medicine to treat various infectious diseases. Its antimicrobial activities can be further enhanced if the active components are purified and proper dosage for administration is determined. Therefore, further studies will be needed on the methanol extract of both *in vitro* and *in vivo* plants of *Ceropegia pusilla* for the isolation of respective pure compounds, to confirm its potentiality towards medicinal uses with respect to heal infectious diseases

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