

**EFFECT OF *Artemisia vulgaris* LEAF EXTRACT ON ANTIOXIDANT STATUS OF PRIMARY CHICK EMBRYO FIBROBLASTS****SHARMILA, K. AND PADMA, P.R. ***

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ABSTRACT

An imbalance between the pro-oxidants and/or free radicals on one side and antioxidants on the other results in oxidative stress that has shown to play a role in the etiology and pathophysiology of various human diseases. Antioxidant defense systems, both enzymic and non-enzymic scavenge the free radicals formed continuously in the body. Natural products of plant origin are gaining much importance in recent years for their pharmacological properties including antioxidant and antitumor activity. The present study focuses on the use of the methanolic extract of *Artemisia vulgaris* leaf extract on the enzymic and non-enzymic antioxidant status of chick embryo fibroblasts subjected to oxidative stress. The leaf extract of *Artemisia vulgaris* possess certain active ingredients that improve the antioxidant status in primary cells subjected to oxidative stress. Therefore, this experimental evidence suggests the use of the candidate plant for the treatment of human pathologies in which free radicals play a major role.

KEYWORDS: *Artemisia vulgaris*, enzymic antioxidants, non-enzymic antioxidants, primary chick embryo fibroblasts

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INTRODUCTION

When the scavenging capacity of the antioxidants exceeds the generation of reactive oxygen and other radical species, it results in oxidative stress¹. Free radicals are molecules with one or more unpaired electron in their outermost orbit and include hydroxyl radical, nitric oxide and superoxide. Free radical toxicity has been implicated in the biomolecular damage of the proteins, lipids and DNA². Increase in reactive oxygen species (ROS) has been linked to aging process and also to the etiopathogenesis of aging-related diseases, such as cancer, diabetes, atherosclerosis and degenerative diseases. Excess ROS has been deleterious to normal cells³. Various natural antioxidants are present within the body to scavenge the free radicals and prevent from oxidative damage to the structural integrity of the biomolecules. Antioxidant defense system involves both enzymatic intracellular enzymes such as superoxide dismutase, catalase, glutathione peroxidase and glutathione S-transferase as well as non-enzymatic strategies that are mostly derived from dietary sources like Vitamin A, Vitamin C, Vitamin E and carotenoids⁴. The human body produces antioxidants naturally, but do not show 100% effective scavenging. Thus, the intake of foods and herbs rich in antioxidants is also essential for health benefits. Fruits, vegetables and medicinal herbs are the richest sources of antioxidant compounds⁵.

Artemisia vulgaris belongs to the Asteraceae family having traditional use as herbal medicine for treating problem related to stomach and menstrual problems. It is also used in the Indian system of medicine as an emmenagogue, antihelmintic, antiseptic, antispasmodic and in the treatment of respiratory and nervous diseases⁶. There is less scientific validation of the plant for its antioxidant activity. Previous study has shown the methanolic extract of *A. vulgaris* leaves to be potent scavenger of free radicals when compared to the aqueous and chloroform extracts⁷. 0.1mg of the methanolic extract was used for the study based on the dose optimized in HepG2 cells⁸. Chick embryo fibroblasts represent a model of non-transformed cells and also a cost effective model to study the effect of the plant extract on primary culture. Several

studies have used primary cultures as the test system for studying the medicinal property of plant extracts⁹. Hence, this study focuses the antioxidant potential of methanolic extract of *Artemisia vulgaris* leaves on primary chick embryo fibroblast.

MATERIALS AND METHODS

Plant materials and extraction

The plant sample was collected from Coimbatore and was grown within the university campus as pot culture. The plant was identified and certified by the Botanical Survey of India, Tamil Nadu Agricultural University, Coimbatore. Fresh leaves were collected, cleaned and extracted using methanol (1:10, w/v). The extract was evaporated to dryness and dissolved in minimum quantity of dimethyl sulfoxide.

Culturing of chick embryo fibroblast

The live embryo was seen as a shadow when holding a fertilized egg in the bright light source. An egg containing a live 8th or 9th day-old chick embryo was taken in a beaker with the blunt end up and swabbed with 70% alcohol. The blunt end of the egg was carefully punctured with the point of a sterile scissors and a circle of shell was cut away carefully to expose the underlying membrane called chorioallantois. The chorioallantoic membrane was carefully cut with a second pair of sterile scissors and removed to expose the embryo. The embryo was gently lifted by the neck using a sterile hook or a bent glass rod, and placed in a 100mm petridish containing PBS. It was then washed several times with PBS by transferring the embryo to fresh petriplates. After removal of all yolk and/or blood, the embryo was transferred to a clean dish with PBS. The head, limbs and viscera were removed using two sterile forceps. Care was taken to remove the entire limb by pulling at the proximal end. The remaining tissues of the embryo were taken to yet another sterile dish and washed with PBS. Then the embryo was finely minced with scissors and transferred to a flask containing PBS. After allowing the tissue pieces to settle, the PBS was removed with a sterile pipette. 2ml

of trypsin-EDTA (PAA, Austria) was added and the suspension was stirred gently for 15 to 20 minutes. The pellet was resuspended in fresh DMEM (PAA, Austria) with 10% FBS (PAA, Austria). From this, 20 μ l of the culture was taken to determine cell count and viability by trypan blue exclusion in a haemocytometer. Then the cells were seeded in 25cm² sterile tissue culture flask containing complete medium to a final concentration of 10⁵ live cells/ml. The tissue culture flasks were incubated in a CO₂ incubator (Napko, UK) in a 5% CO₂ and 95% humidity atmosphere. After the cells had attained confluent growth, the cells were trypsinized using trypsin-EDTA and 10³ cells were used for each assay.

Treatment groups

The treatment group set up were negative control without plant extract (0.1mg) and oxidant H₂O₂ (200 μ M) and a positive control group with primary chick embryo fibroblasts and oxidant. Test groups were set with the presence of the plant extract in the absence/presence of the oxidant. All the respective groups were incubated for 1 hour at 37°C.

Enzymic and non-enzymic antioxidants assays

The enzymic parameters, superoxide dismutase (SOD)¹⁰, catalase (CAT)¹¹, peroxidase (POD)¹² and glutathione S-transferase (GST)¹³ and the non-enzymic parameters, levels of vitamin C¹⁴, vitamin E¹⁵, vitamin A¹⁶ and reduced glutathione¹⁷ was determined as described earlier with slight modifications. In brief, 1 X 10³ cells were taken for each treatment groups. The cells after 1 hr exposure to the oxidant were homogenised and 20 μ l of the sample was taken for each assay. The assay protocol was scaled down to μ l volume of the reagents.

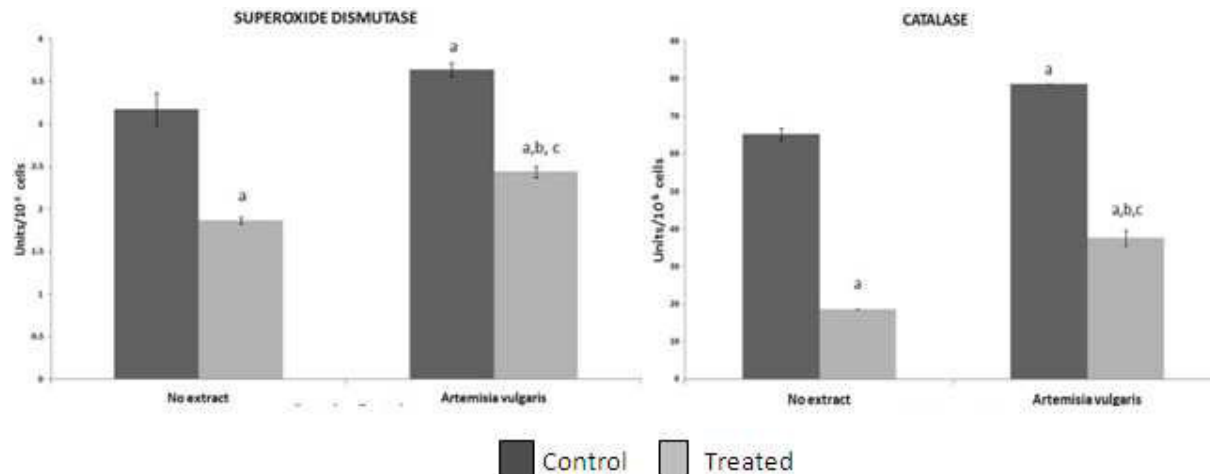
RESULTS AND DISCUSSION

Enzymic antioxidants

Superoxide dismutase (SOD), glutathione peroxidase, and catalase (CAT) are the preventive antioxidants and the first line of defense against ROSs. SOD, a key enzyme in the prevention of oxidative stress, catalyzes the

removal of superoxide radical anion (O₂⁻) to hydrogen peroxide (H₂O₂) that is further reduced by the catalase enzyme to water molecule¹⁸. Catalase, a tetrameric enzyme plays a major role in antioxidant defense by converting hydrogen peroxide to form water and molecular oxygen in the peroxisomes¹⁹. The biological function of peroxidase is to remove hydrogen peroxides and other hydroperoxides produced to protect the body against lipid peroxidation and DNA damage²⁰. Glutathione S-transferase is multifunctional isoenzyme that can detoxify xenobiotics and endogenous metabolites primarily by catalyzing their conjugation with GSH²¹. The activities of the major enzymic antioxidants were assayed in the homogenate of the chick embryo fibroblasts after exposure to H₂O₂ in the presence/absence of the leaf extract. The enzymes assayed were SOD, CAT, POD and GST (Figure 1 and 2). Reduction in the enzymic activities was seen in the presence of the oxidant. Significant increase (P<0.001) in the activities of all the enzymes was seen when treated with the methanolic extract of *A. vulgaris* leaves. A slight elevation was also seen in the oxidant treated groups in the presence of the leaf extract when compared to the untreated group. The levels of different enzymatic and non-enzymatic antioxidants in the rat tissues increased significantly after treatment with the methanolic extract of *Alternanthera brasiliensis* (L.) Kuntze leaves²². Among various extracts, methanolic extract of *Zea mays* leaves showed an improvement in the antioxidant status in the goat liver slices when exposed to oxidative stress *in vitro*²³. Similarly, methanolic leaf extract of *Sphenocentrum jollyanum* caused a significant increase in the activities of serum and liver catalase, SOD and glutathione in *P. berghei* infected mice suggesting the antioxidant activity of the leaf extract²⁴. Treatment with the methanolic extract of *Castanopsis indica* in a dose dependent manner significantly increased the CAT and SOD levels in the liver and kidney tissue as compared with Ehrlich ascites carcinoma control animals²⁵. Also, a significant increase in the catalase activity was seen in the presence of the ethanolic extract of *Cocculus hirsutus* in ethanol induced ulcer rats²⁶.

Figure 1
Effect of *Artemisia vulgaris* leaf extract on superoxide dismutase and catalase activity in primary chick embryo fibroblasts exposed to H_2O_2 in vitro



The values are mean \pm S.D of triplicates

1 Unit = Amount of enzyme that causes 50% reduction in NBT oxidation for SOD

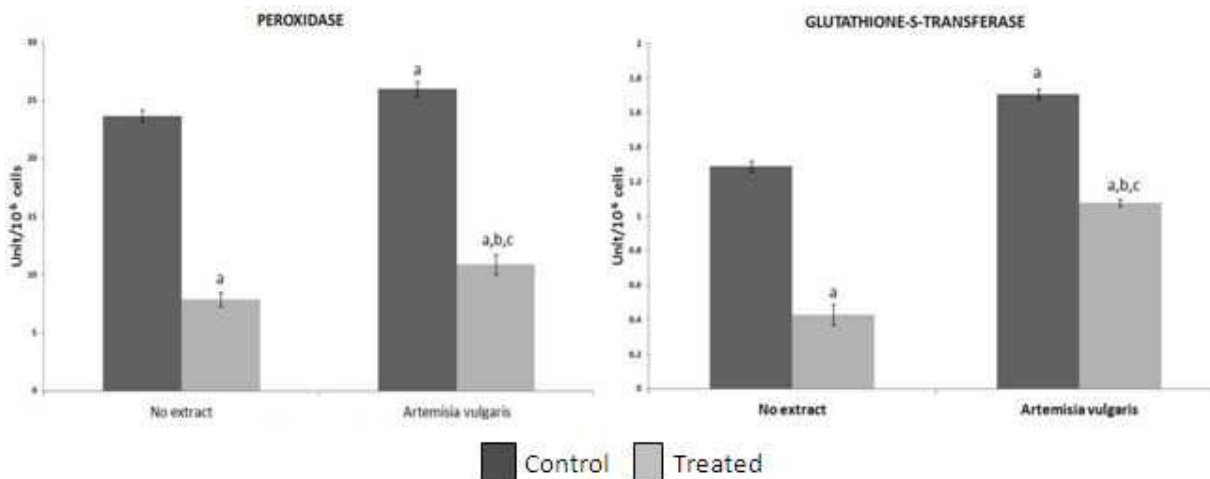
1 Unit = Amount of enzyme required to decrease the absorbance at 240nm by 0.05 units for catalase

a – Statistically significant ($P < 0.001$) compared to untreated control

b – Statistically significant ($P < 0.001$) compared to H_2O_2 alone treated group

c – Statistically significant ($P < 0.001$) compared to the respective plant extract treated group

Figure 2
Effect of *Artemisia vulgaris* leaf extract on peroxidase and glutathione S-transferase activity in primary chick embryo fibroblasts exposed to H_2O_2 in vitro



The values are mean \pm S.D of triplicates

1 Unit = Change in absorbance at 430nm per minute for peroxidase

1 Unit = moles of CBNB conjugate per minute for GST

a – Statistically significant ($P < 0.001$) compared to untreated control

b – Statistically significant ($P < 0.001$) compared to H_2O_2 alone treated group

c – Statistically significant ($P < 0.001$) compared to the respective plant extract treated group

Non-enzymic antioxidants

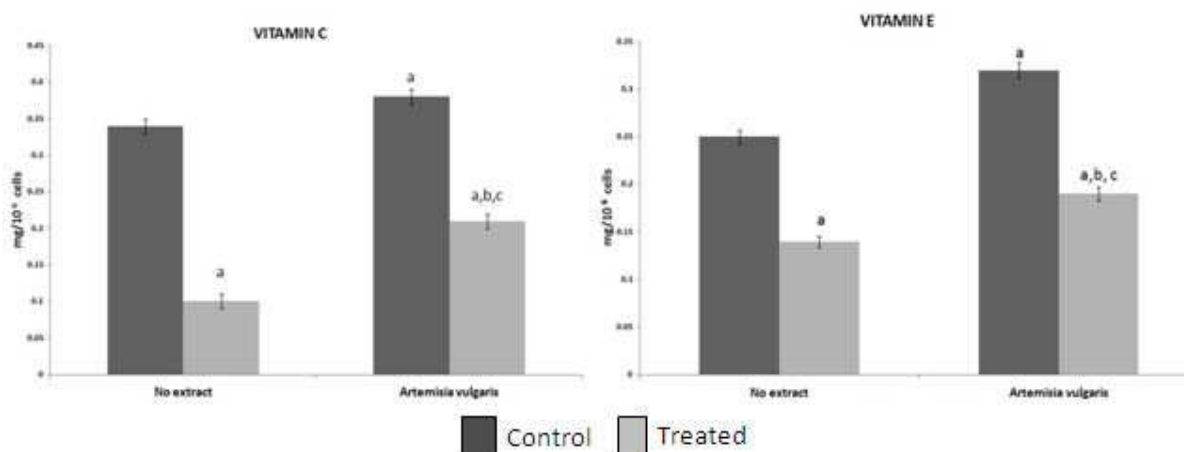
The second line of defense against free radicals damage is the non-enzymic antioxidant systems. Vitamin C is a water-soluble antioxidant present in the form of ascorbic anion in the system. It acts a scavenger of free radicals and helps in the

regeneration of α -tocopherol²⁷. Vitamin E is an important fat-soluble antioxidant in the body and plays a role in protecting the cells from ROS attack in operation with the other enzymic antioxidants. They play an important role in lipid peroxidation and in the regulation of the SOD activity by maintaining low levels of

superoxide in the cells²⁸. Carotenoids are the precursors for Vitamin A and have physiological functions in the elimination of excess energy, scavengers of free radicals and quenchers of singlet oxygen²⁹. GSH, a non-protein cellular thiol plays a regulatory role in cell proliferation along with GPx in conjugation. The electrophilic moieties involved in cancer initiation is effectively scavenged by GSH dependent enzymes³⁰. The levels of Vitamin C, E, A and reduced glutathione were estimated in the chick embryo fibroblasts exposed to an oxidant (H_2O_2) in the presence and absence of the leaf extract. The levels of the non-enzymic antioxidants are shown graphically in the Figures 3 and 4. Upon exposure to the oxidant there was a significant reduction in the levels but showed an increase in the presence of the methanolic extract of *A. vulgaris* leaves.

Animals with DMBA induced hamster buccal pouch carcinogenesis when treated with the methanolic extract of the *Pergularia daemia* aerial parts showed an increase in the Vitamin C, E and GSH levels clearing depicting their antioxidant property³¹. Similarly, the effect of the methanolic extracts of *Alstoria scholaris* showed an improvement in the antioxidant status when assessed on non-enzymatic antioxidants like vitamin A, E, C *in vitro* in breast cancer tissues³². The antioxidants showed an increase in the levels in the presence of the methanolic extract of *Verbascum thapus* leaves when compared to the gentamin treated rats³³. Aqueous extract of *Aloe vera* showed to increase the SOD and GSH levels in the streptozotocin induced diabetic rats when compared to the control³⁴.

Figure 3
Effect of *Artemisia vulgaris* leaf extract on the levels of vitamin C and E in primary chick embryo fibroblasts exposed to H_2O_2 *in vitro*



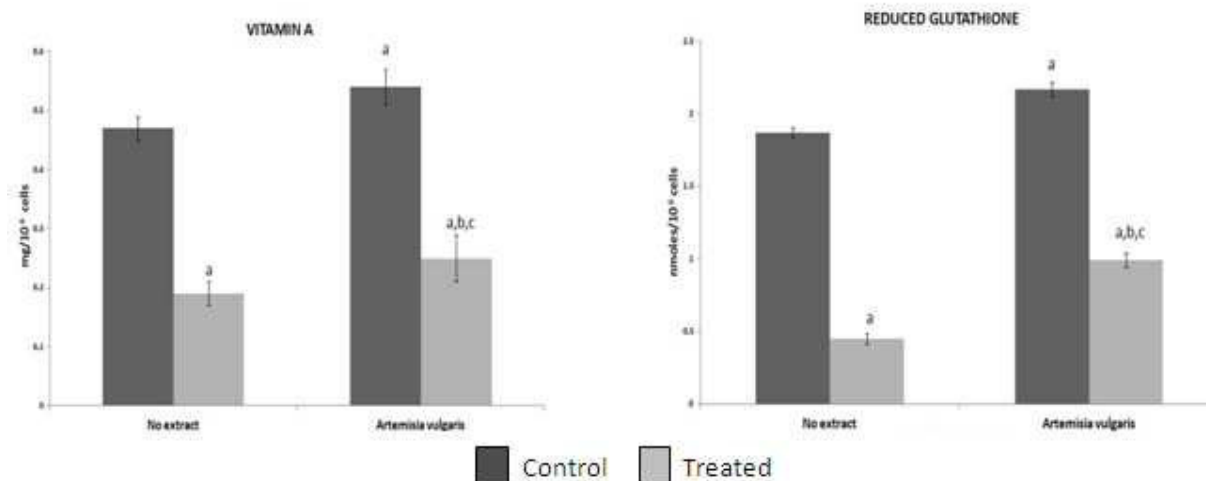
The values are mean \pm S.D of triplicates

a – Statistically significant ($P < 0.001$) compared to untreated control

b – Statistically significant ($P < 0.001$) compared to H_2O_2 alone treated group

c – Statistically significant ($P < 0.001$) compared to the respective plant extract treated group

Figure 4
Effect of *Artemisia vulgaris* leaf extract on the levels of vitamin A and reduced glutathione in primary chick embryo fibroblasts exposed to H₂O₂ in vitro



The values are mean \pm S.D of triplicates

a – Statistically significant ($P < 0.001$) compared to untreated control

b – Statistically significant ($P < 0.001$) compared to H₂O₂ alone treated group

c – Statistically significant ($P < 0.001$) compared to the respective plant extract treated group

The observations that both enzymic and non-enzymic levels increased in the presence of *A. vulgaris* leaf extract in primary chick embryo fibroblasts, during oxidative stress, gains a lot of significance in view of the previous studies. Artemisinin and dihydroartemisinin have been shown to be an active component of the Asteraceae genus^{35, 36}. *In silico* studies has shown the compounds to effectively dock against few major apoptotic and cancer proteins (results communicated). Studies on the molecular mechanism has been carried out, but was considered beyond the scope of this paper. Thus, the results show an elevation in the antioxidant status of the chick embryo fibroblasts when exposed to oxidative stress *in vitro* in the presence of *Artemisia vulgaris* leaf extract and helps in protecting the cells. This *in*

vivo simulated *in vitro* model can suggest the same in the intact system too.

CONCLUSION

The outcome of the present study highlights the protective effect of the leaf extract of *Artemisia vulgaris* on non-transformed cells, chick embryo fibroblasts suggesting the presence of certain active principle compounds rendering the antioxidant effect against oxidative stress induced *in vitro*. Further, use of the extract on transformed cells will throw light on the use of the plant in diseases caused by free radicals.

Conflict of interest

Conflict of interest declared none.

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