



**IN VITRO ANTICANCER ACTIVITY OF LAMOTRIGINE AND
5-FLUOROURACIL INDIVIDUALLY AND IN COMBINATION
ON HUMAN K562 AND COLO320HSR CELL LINES BY TRYPAN
BLUE ASSAY**

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ABSTRACT

Cancer is the leading cause of disease for high mortality all over the world. Antitumor drug resistance and side effects of antitumor drugs are the most common problems in cancer chemotherapy. It is of great importance in considering the drugs having the anticancer activity and going for the new combination of cancer therapeutics for avoiding the problems of tumor drug resistance and side effects with a new therapeutic combinations and by lowering the dose of drugs. In the present study the anticancer activity of Lamotrigine and 5-Fluorouracil individually and in combination were determined on Colo 320HSR and K562 cell lines. And our results concluded that the both drugs individually and combination have better anticancer activity at higher concentrations.

KEYWORDS: Drug resistance, Toxicity, Trypan blue, Lamotrigine, 5-Fluorouracil.



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INTRODUCTION

Cancer is the leading cause of deaths worldwide. Globally there are currently 10 million new cases of cancer per annum (based on 2000 figures), but the WHO has predicted this figure to be 15 million per year by 2020¹. In the cancer disease the host cells divides irrespectively and uncontrollably by the deregulated cell cycle^{2, 3}. Significantly the cancer cell posses distinct features like self sufficiency in growth signals, insensitivity to growth signals, tissue invasion and metastasis, limitless replicative potency, angiogenesis, and evading apoptosis⁴. Cancer is mainly caused due to the loss of function of tumor suppressor genes, activation of oncogenes⁵, additionally various carcinogens too causes mutations in the genes and finally leads to cancer⁶. A wide range of novel therapeutic compounds have been in clinical use for the treatment of various types of cancers with a diversified mechanism of action⁷. Even then the major problem with the cancer drugs is primarily the toxicity of the drugs like neurotoxicity, haematological toxicity, gastro intestinal toxicity, oral toxicity, hair follicle toxicity, gonadal toxicity, hepatotoxicity, ototoxicity e.t.c.,⁸ and secondarily the drug resistance of cancer cells to the cancer therapeutic agents. It is of great deal of importance to develop new therapeutic agents to meet the best needs in treatment of cancer. And it is of much more significant of inclusion that the drugs which are used to treat a disease having the ability to cure or act against another disease one such great example which has proven and in clinical use is ASPRIN. Aspirin is an NSAID used in the treatment of inflammation but it is having the ability to treat colon cancer⁹. Another example of clinically used anti epileptic drug, Lamotrigine is believed and proved to inhibit dihydrofolate reductase (weak inhibitor)¹⁰ and can inhibit histone deacylase in cancer cells¹¹. Toxicities of the drug can be managed by therapeutic monitoring and rationale usage of the drugs, avoiding or discontinuing the usage of the drugs. Drug resistance can be overcome by Combination therapy, it has been the standard of care, mostly and appreciably in cancer treatment. Since it is a rationale criteria to increase response and tolerability and to decrease resistance. Currently, there is a

growing interest in combining anticancer drugs aiming at maximizing efficacy while minimizing systemic toxicity through the delivery of lower drug doses¹². The cell cycle specific anti cancer agents like 5-Fluorouracil and Methotrexate were the best used anticancer agents, whose usage has been limited due their severe toxicities. 5-Fluorouracil is an antimetabolite whose usage is limited due to the toxicities like, the systemic administration causes a syndrome of delayed myelin destruction in the central nervous system¹³. Methotrexate is a dihydrofolate inhibitor whose usage is minimized due to the toxicities like renal, neuro, haematological, pulmonary, cutaneous and gastro intestinal toxicities¹⁴. In the present study the potency and efficacy of lamotrigine and 5-Fluorouracil individually and in combination were estimated for the anticancer activity against colon cancer cell lines (COLO 320HSR) and chronic myelogenous leukemic cancer cell lines (K562) by trypan blue dye exclusion method.

MATERIALS AND METHODS

MATERIALS

Drugs used

Lamotrigine was obtained from RACHEM Pvt. Ltd Hyderabad, A.P. India. Fluorouracil injection 500 mg/10 ml was collected from Vishwa Bharati multi specialty hospitals Kurnool, A.P. India.

Chemicals used

RPMI 1640 (GLIBCO®), Fetal bovine serum (GLIBCO®). Trypsin, 70% (v/v) isopropanol in sterile water, Dimethyl sulphoxide (Sigma), Penicillin - Streptomycin (Gibco), Trypan blue (Sigma).

Cell lines used

In the present study K562 cells (derived from human Chronic Myelogenous Leukemia cells) and COLO 320HSR cells (derived from human Colon cancer cell lines) were used. These cells are obtained from Sugan life sciences Pvt. Ltd. Tirupati A.P. India.

Cellculture

K562 cells and Colo 320HSR cells were cultured by using RPMI 1640 (GLIBCO®) containing 10% of fetal bovine serum (GLIBCO®). The cells were seeded in a 48 well plates at the concentration of 1×10^4 cells/ml and incubated in 5% CO₂ incubator at 37⁰ C for 24 hours¹⁵.

Drug treatment

Cells were maintained in 48 well plate and triplicates were maintained for each concentration, and treated with different concentrations (10, 25, 50, 100µM) of Lamotrigine and 5-Fluorouracil respectively. The combination of Lamotrigine and 5-Fluorouracil were taken as half of each concentration of both the drugs and both were taken combinely to make the final concentration and DMSO is used as negative control. The treated wells were incubated for 48 hours in 5% CO₂ incubator at 37⁰ C after 24 hrs of incubation.

Determination of anticancer activity by Trypan blue dye exclusion method⁽¹⁶⁾:**Principle**

This method is based on the principle that viable (live) cells actively pumps out the dye by efflux mechanism and appears in white colour, where as the dead cells do not efflux the dye and appears in violet colour.

Procedure

- i.* Prepare a suspension of approximately 1×10^6 cells/ml. Ensure that the sample is thoroughly mixed.
- ii.* Make a 1:1 mixture of the cell suspension and the 0.4% trypan blue solution. The sample can be as small as 10 ml to several ml in volume. Gently mix and let stand for 5 min at room temperature.
- iii.* Prior to use, wash the hemocytometer with 70% (v/v) ethanol and allow drying.
- iv.* Wash a cover slip with 70% (v/v) ethanol, allow to dry, and place on top of the hemocytometer counting chamber.
- v.* Apply 15 µl of cell suspension to the edge of the chamber between the cover slip and the V-shaped groove in the chamber. Allow

the cell suspension to be drawn into the chamber by capillary action.

- vi.* Let sit the cells for 1–2 min and then count.
- vii.* Count the stained and unstained cells in all the four corner squares of hemocytometer of dimensions 1 mm × 1 mm and is divided into 16 small squares in a four-by four array. The volume of each of these four corners is thus 0.1 mm³ or 1×10^{-4} mL.
- viii.* The percentage of unstained cells represents the percentage of viable cells in the suspension.
- ix.* The percentage of viability is calculated by

$$\% \text{Viable cells} = \frac{\text{Number of viable cells}}{\text{Total number of cells}} \times 100$$

Statistical analysis

Results were calculated as mean ± S.E and S.E. where appropriate, one-way ANOVA followed by Post hoc Dunnet's t-test was employed. Values P<0.05 were considered significant. And graphs were designed by using Microsoft Excel soft ware (2007 edition).

RESULTS AND DISCUSSION

The cytotoxic effect of Lamotrigine, 5-Fluorouracil and combination of both the drugs on K562 and Colo 320 HSR cell lines was assayed by trypan blue dye exclusion method. Trypan blue assay is a preliminary step to assess the anticancer property of wide range of chemical compounds. The dead cells will be stained by trypan blue and viable cells remain unstained. The maximum amount of inhibition of K562 cells was exhibited by 5-Fluorouracil followed by the combination of Lamotrigine and 5-Fluorouracil followed by Lamotrigine at the highest concentrations (100 µM). The results were shown in table-1 and the relative comparison of viability is shown in graph-1 and figure-1. The maximum amount of inhibition of Colo 320HSR cells was exhibited by 5-Fluorouracil followed by the combination of Lamotrigine and 5-Fluorouracil followed by Lamotrigine at the highest concentrations (100 µM). The results were shown in table-2 and the relative comparison of viability is shown in graph-2 and figure-2.

TABLE-1
percentage of viability values of lamotrigine and 5-flurouracil on K562 cells

S.No	Lamotrigine (L) in μM	Combination in μM (L + 5FU)		5 Fluoro uracil (5FU) in μM	% of viability		
		L	5FU		L	L+5FU	5FU
					74.04 \pm 2.11**	67.28 \pm 1.84**	30.64 \pm 1.07**
2	25	12.5	12.5	25	66.71 \pm 1.36*	55.41 \pm 1.92*	20.13 \pm 2.023*
					66.71 \pm 0.78**	55.41 \pm 1.11**	20.13 \pm 1.16**
3	50	25	25	50	63.61 \pm 2.245*	48.46 \pm 1.78*	1.3 \pm 0.31*
					63.61 \pm 1.29**	48.46 \pm 1.02**	1.3 \pm 0.18**
4	100	50	50	100	58.97 \pm 2.07*	37.21 \pm 1.80*	0.1833 \pm 0.31*
					58.97 \pm 1.19**	37.21 \pm 1.04**	0.1833 \pm 0.18**

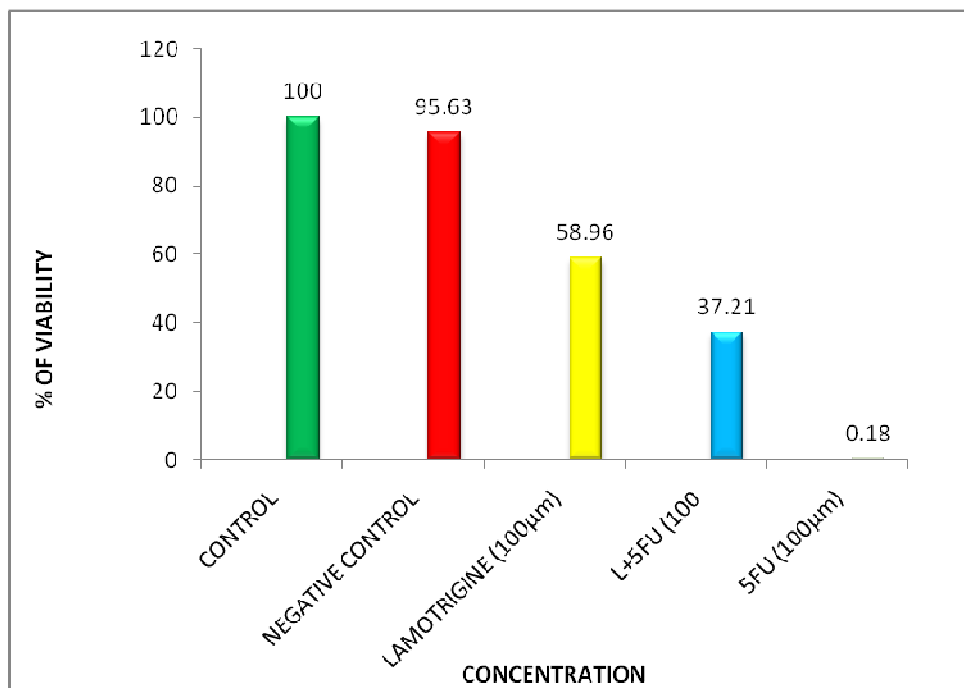
Inference: % of viability values of Lamotrigine and 5Fluorouracil on K562 cells. MEAN \pm S.D*, MEAN \pm S.E**. Value P<0.05 were considered significant.

TABLE-2
percentage of viability values of lamotrigine and 5-flurouracil on COLO 320 HSRcells

S.No	Lamotrigine (L) in μM	Combination in μM (L + 5FU)		5 Fluoro uracil (5FU) in μM	% of viability		
		L	5FU		L	L+5FU	5FU
					82.96 \pm 0.74**	73.52 \pm 2.57**	52.54 \pm 0.95**
2	25	12.5	12.5	25	74.82 \pm 1.12*	59.26 \pm 1.28*	23.87 \pm 0.99*
					74.82 \pm 0.65**	59.26 \pm 0.74**	23.87 \pm 0.57**
3	50	25	25	50	67.4 \pm 2.563*	50.37 \pm 1.74*	4.717 \pm 3.12*
					67.4 \pm 1.48**	50.37 \pm 1.01**	4.717 \pm 1.80**
4	100	50	50	100	64.95 \pm 0.44*	48.14 \pm 1.28*	0 \pm 0.00*
					64.95 \pm 0.25**	48.14 \pm 0.74**	0 \pm 0.00**

Inference: % of viability values of Lamotrigine and 5Fluorouracil on Colo 320HSR cells. MEAN \pm S.D*, MEAN \pm S.E**. Values P<0.05 were considered significant.

GRAPH-1
% of viability values of lamotrigine and 5-flurouracil on K562 cells



GRAPH-2

% of viability values of lamotrigine and 5-fluorouracil on Colo 320 HSR cells

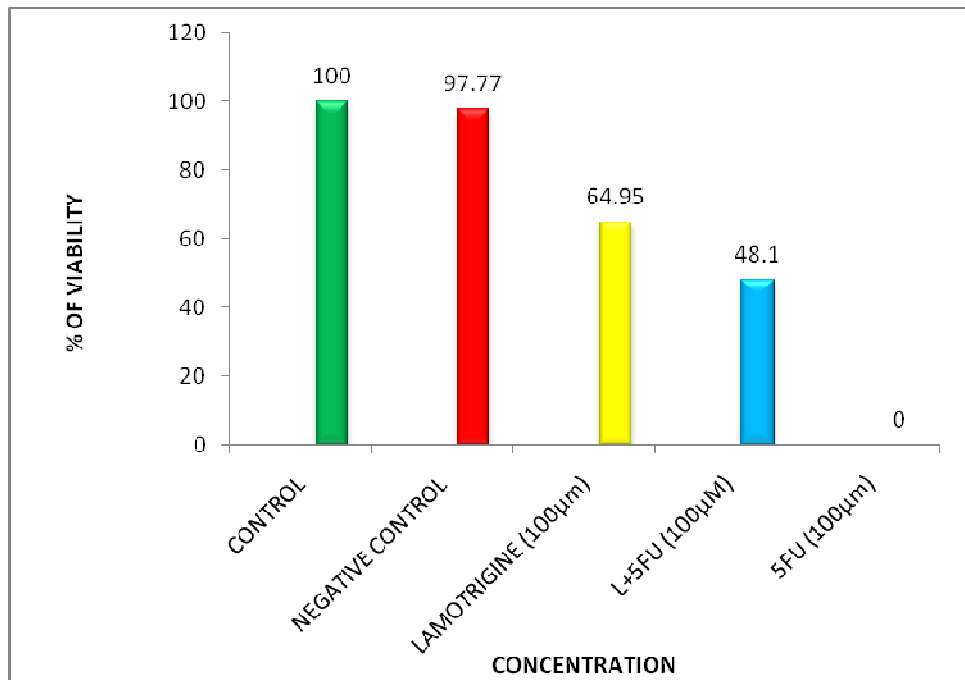


FIGURE-1

Anticancer activity of Lamotrigine and 5-Fluorouracil on K562 cells

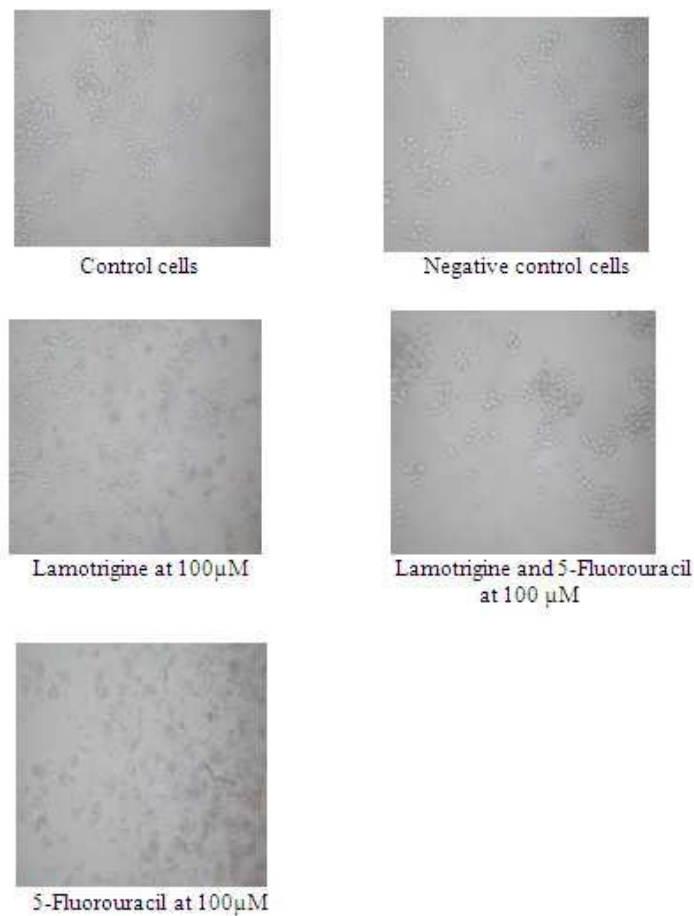


FIGURE-2
Anticancer activity of Lamotrigine and 5-Fluorouracil on Colo 320 HSR cells



CONCLUSION

Based upon the results we got in the present study, we conclude that Lamotrigine individually and in combination with 5-Fluorouracil can inhibit the growth of chronic myelogenous leukemic cells and colon cancer cells effectively at higher concentration (100M). But the relative inhibition of cancer cell growth by Lamotrigine alone is significantly better on chronic myelogenous leukemic cell lines than colon cancer cell lines at higher concentrations (100µM). Thus, considering the results we got from the present study, we conclude that Lamotrigine can be tested for the both Chronic myelogenous leukemia and colon cancer individually and in combination with 5-Fluorouracil for clinical trails only after getting a good preclinical dossier tested in various animal species for the toxicology, efficacy and

determination of maximum tolerable dose of this combination of drugs.

ACKNOWLEDGEMENT

I, K. Sudhakar thankfully acknowledge SUGEN LIFE SCIENCES Pvt Ltd., Tirupati for providing all necessary facilities and also grateful to C. Krishna kumari for her valuable guidance and assistance in pursuing the research. I am thankful to Mr. M. Ramesh for his kind cooperation. It is great privilege to me to mention my professor Dr. D. Sivaraman from Vagdevi College of Pharmacy and Research Centre, Nellore and I would like to thank all the individuals who have contributed for the successful completion of the work for their encouragement and support.

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