

**ENDOPHYTIC FUNGI: BIODIVERSITY AND FUNCTIONS****M. MISHRA, R. PRASAD AND A. VARMA***

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ABSTRACT

Fungal endophytes are broad spectrum microorganisms which colonizes the plants without causing any symptoms. They occur ubiquitously in all plants, including a wide range of hosts in ecosystems. During the course of co-evolution, a mutualistic relationship occurs between endophytes and their host plant. Their population is influenced by location and climatic condition of host. In recent years remarkable attention is given to their ability to produce useful bioactive compounds for plant growth, protection and their sustenance in certain hostile condition. The present review focuses on the diversity, classification and beneficial roles of fungal endophytes and their significance on host plants and the future applications.

KEYWORDS: Endophytic fungi, biodiversity; co-evolution relations, plant inhabitants, fungal metabolites, biological activities.

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INTRODUCTION

Fungi are one of the important components of ecosystem, closely associated with essential processes i.e. recycling, decomposition and transportation of nutrients in different type of environments. This is estimated that there are millions of fungal species present on earth, from which only 5% have been identified for its role¹. Recent studies showed the ubiquity fungi, approx. 1 million species of endophytic fungi inhabit the plants². Microbes which resides in any part of the plant cells especially root, stem and leaves, spent at least one period of life cycle and shows no apparent symptoms to the host called as endophytes³. The "endophyte" term given by De Bary and defined by Petrini⁴ i.e. "all microbes which inhabits the plant organs and colonize the living, inter and/or intracellular tissues of host plant below the layer of epidermis without causing any symptomatic effect on plant". Earlier endophytes were considered as neutral but later it was recognized as a beneficial for plants by that time it also shows the good result in phytoprotection against pathogens and predators. Plants serve as a large reservoir of microbes known as endophytes⁵. Host plant roots are infected or colonized by many fungal species it could be endophytic or mycorrhizal. The fungal endophyte lives inside the plant tissue without showing any symptoms in host^{6, 7}. Host endophyte relationship is different from mycorrhizal association in three aspects which are lacking: absence of cellular interface, no synchronized growth between host and endophytes, no significant benefits between both the partners⁸. The best known root endophytic fungi are dark septate endophytes (DSE) and colonize the hyphae by producing melanin⁹. The impact of root endophytic fungi colonization on plants ranges from negative¹⁰ to positive^{11, 12}. Positive response includes plant growth promotion *via* mineralization of nutrient^{11, 13} and by production of phytohormones^{7, 14}.

Occurrence and biodiversity of fungal endophytes

Endophytic fungi are crucial, quantifiable and integral component of fungal biodiversity, and influenced by community diversity of plants and its structure^{15, 16}. Endophyte represents the wide range of microbial diversity and

adaptation which developed in unusual and sequestered habitats. Their diversity and functional habituation makes a new and exciting area of research for novel drug or medicine. Endophytes fungi influence the ecology, distribution, biochemistry and physiology of the host plant¹⁷. Darwin (1872) suggested that diversity affects the ecosystem processes¹⁸. Many theories reported the functions of diversity which includes the increase in primary productivity¹⁹, nutrient flow²⁰, nutrient retention²¹, water availability and pathogen resistance²². Fungal endophytic diversity depends not only on the host specificity, but also the types of benefits that they provide to the host plant⁵. Several fungal endophytes are isolated from all variety of plants and it ranges from large trees^{23, 15} to lichen²⁴. Most of the endophytes are ascomycetes and basidiomycetes²⁵. The isolation of fungal endophytes and rate of colonization from plant to plant varies. Mainly medicinal plants harbor more fungal endophytic than others. Some of the fungal endophytes are common in many plant hosts and some are very specific to their host plant^{26, 27}. Tropical plant contains a great diversity of fungal endophytes and many of them are unidentified and possibly belong to the new genera and species and some of them having potential biotechnological importance as a pharmaceutical active compound, biological control agents, secondary metabolites, and other benefits could be found by exploration of tropical fungal endophytes. Dreyfuss and Petrini, (1984) isolated and screened endophytic fungi from plants of family araceae, bromeliaceae from South America²⁸. Rodrigues and Samuels isolated, eleven species of endophytic fungi from a palm tree in Queensland, Australia and got one novel species i.e. *Idriella licualne*. Other most occurring endophytic fungi are Xylariaceous fungi²⁹. Previous studies also reported that³⁰ isolated eighty one endophytic fungi with fifteen Xylaria species from *Euterpe oleracea*. Ascomycocetes and Deuteromycetes were frequently isolated with *Letendraeopsis palmarum* and *Xylaria cubensis* are the most occurring endophytes. Silva (1997) found 17 different taxa of endophytic fungi in roots, stems, leaves and seeds of maize, with

unidentified yeast, sterile mycelia and filamentous fungi³¹. It also colonizes grasses, marine algae, ferns and mosses³². Endophytes presents in all organs of a host plant³³. Endophytes can transfer from one plant to other via seeds³⁴. Plant roots possess the characteristic assemblage with fungal endophytes which are different from above ground plant tissues^{35, 36}. Root endophytic fungi serve as a significant component of below ground microbes associated with plant root and as important as mycorrhizal fungi^{9, 37}. Boreal trees mainly harbor the fungal root endophytes which includes the species of, *Oidiodendron*³⁸, *Cryptosporiopsis*³⁹, *Rhizoscyphusericaceae* aggregate” (Helotiaceae)⁴⁰ *Umbelopsis*⁴¹, and *Phialocephala fortinii*, members of dark septate endophytes” with melanized hyphae. Endophytes are found ubiquitously in nature and their hosts are from wide range of families, orders, genus and species^{42, 43, 44}.

Other fungal root endophytes

Several fungal endophytes are recovered from roots of *Alnus* species in Europe. These include *Heliscus lugdunensis*, *Tricladium splendens*, *Lunulospora curvula*, and *Varicosporium elodeae*⁴⁵. *Campylospora parvula* is isolated from the submerged aquatic roots of *Lyonia ovalifolia*⁴⁶ and *Alnus*

*glutinosa*⁴⁷. Eleven aquatic hyphomycete species were isolated from submerged roots of *Picea glauca*^{48, 49}. *Penicillium* species have been reported as root endophytes in *Picea mariana*³⁶. *Penicillium nodositatum* and *Penicillium janczewskii* have been found associated with the roots of *Alnus incana* and *A. glutinosa* respectively⁵⁰. Many *Fusarium* species have been isolated from the plants belonging to family Leguminosae⁵¹ and roots of many vegetables. The most dominant among all is endophytic *F. oxysporum* and *F. solani*⁵². They also have reported from the roots of *Holtuslanatus*, a type of grass that grows in humid water logged soils⁵³, *Oryza sativa*⁵⁴ and *Oryza granulate*⁵⁵ and Rhizophoraceae mangrove trees⁵⁶. Many *Fusarium* species are plant pathogenic but it has been reported *F. graminearum*, *F. nivale* and *F. culmorum*⁵⁷, and *F. crookswellense*⁵⁸ causes symptomless infections with other plants⁵⁹. Thus, the root of *Axonopus compressus* provides an ecological niche to *F. oxysporum* and many other *Fusarium* species. *Fusarium* species isolated from cultivated rice roots has been proved to be an effective biocontrol agent against root knot nematode. Root endophytic fungi reported from orchids and aquatic hypomycetes submerged in freshwater are listed in Table 1.

Table 1
Root endophytic fungi reported from orchid roots, aquatic hypomycetes submerged roots and mangroves

Fungi	Substate	References
Orchids		
<i>Phialocephala fortinni</i>	<i>Amerorchis rotundifolia</i>	60
<i>Fusarium</i> spp	<i>Cypripedium reginae</i>	61
<i>Russulaceae</i> (22 species)	<i>Corallorhiza mertensiana</i>	62
<i>Thelephora-tomentella</i>	<i>Corallorhiza trifida</i>	63
<i>Acremonium</i> , <i>Colletotrichum</i> , <i>Fusarium</i> , <i>Guignardia</i> , <i>Humicola</i> , <i>Pestalotia</i> , <i>Phomopsis</i> , <i>Trichoderma</i> , <i>Xylaria</i>	<i>Lepanthes rupestris</i>	64
Submerged roots		
<i>Mycocentrospora acerina</i>	<i>Avicennia officinalis</i>	65
<i>Triscelophorus acuminatus</i>	<i>Rhizophora mucronata</i>	65
<i>Lunulospora curvula</i> Ingold	<i>Angiopteris evecta</i>	66
<i>Anguillospora filiformis</i> Greath	<i>Acer spicatum</i>	66; 49
Mangroves		
<i>Aureobasidium</i> sp., <i>Fusarium solani</i> , <i>Massarina</i> sp., <i>Penicillium pinophilum</i>	<i>Ceriops tagal</i>	56
<i>Cladosporium cladosorioides</i> , <i>Aureobasidium</i>	<i>Rhizophora stylosa</i>	56
<i>Fusarium solani</i> , <i>Massarina</i> sp., <i>Pestalotiopsis clavispora</i>	<i>Rhizophora apiculata</i>	56
<i>Pestalotiopsis isoxyanthi</i> , <i>Cladosporium cladosorioides</i> , <i>Aspergillus tubinegensis</i>	<i>Brugiera sexangula</i> var. <i>rhyngopetala</i>	56

Relationship between endophytic fungi and host Plant

Studies on the relationship between endophytic fungi and their host plant helps to understand the ecology and evolution of endophytic fungi plant symbiosis. Ecological factors affect the strength and direction of symbiotic interaction between them⁶. The association between host plant and endophytic fungi variety of relationships co-exists which ranges from symbiosis or mutualism to antagonism^{7, 67, 44}. The host-endophyte relationships depend upon the many factors, host-recurrence⁶⁸, host-specificity, host preference⁶⁹ or host-selectivity⁷⁰. These fungal endophytes adapt themselves in plants with different mechanisms⁷¹. In order to maintain a symbiotic interaction these endophytes produces a metabolites for plant growth promotion^{72, 73}. In host-specificity relationship endophytes are restricted to one host plant or group of related plant species, which implies the occurrence of complex biochemical interaction between endophytes and its host^{74, 75}. Some host-specific strain has morphologically indistinguishable features with different physiological traits⁴. For example *Pestalotiopsis microspora* is the commonly found fungal endophytes in species of *Taxa* (yews). Bio-chemical interaction between endophyte and its host plants raising tremendous variability between fungal endophytes, by genetic crossing, mutation, unsubstantiated mechanisms like developing genetic system which allows the transfer of information between host plants and themselves^{32, 76}. Some endophytic fungi are reported as single host specificity for the plants which are also affected by microclimatic and microhabitat conditions^{77, 78, 79}. But some are there which has wide host range like genera of *Phoma*, *Phomopsis*, *Phyllosticta* and *Colletotrichum*, colonizes the host plant^{80, 81, 82}. Endophytic fungi also exhibit the tissue and organ specificity because of their adaptation in different physiological conditions in host plants⁸³. Some selective pressures occur in plant tissue which affects the endophytic inhabitants. Therefore, different endophytic fungi are dominated in particular tissue and forming specific characteristic communities^{67, 84}. Comparisons between the community of endophytes of foliar and root showed small overlap^{85, 42}.

Classification of endophytes

In natural ecosystems plants are symbiotically associated with fungal endophytes and a fossil record also indicates symbiotic relationship¹⁶. The endophytic colonization plays the important role in evolution of life. Mycorrhizal fungi colonize the plant roots grow in rhizospheric zone of plants but endophytic fungi resides within plant tissues and grow and sporulate within plant roots⁸⁶.

Class 1 Clavicipitaceous endophytes

C-endophytes (Class 1 endophytes) group of organisms that is phylogenetically related clavicipitaceous species that grows fastidiously in culture and limited to extreme conditions. The Clavicipitaceae (Ascomycota) includes free living and symbiotic species that is associated with fungi and insects (e.g. *Cordyceps* sp.) or grasses (e.g. *Balansia* sp., *Epichloë* sp., *Claviceps* sp.)⁵. This lineage includes plant pathogens, endophytes many of them also produces the bioactive metabolites. Class 1 endophytes transmitted vertically from maternal plants to offspring via seeds⁸⁷. This class of fungus helps in increasing the plant biomass confers drought tolerance and production of toxin chemicals for animals and decreasing herbivory⁸⁸. Moreover, these benefits depend upon the host species, genotype an environmental condition⁸⁹. Clay and Schardl (2002) reported that three types of clavicipitaceous endophytes are there from symptomatic or pathogenic species (Type I) to mixed interaction (Type II) and asymptomatic endophytes (Type III)⁹⁰. But type III C-endophytes are like the Non Clavicepteous endophytes as they in the plant tissues without causing any symptoms. These endophytes do not colonize root tissues but they enhance the host resistance by insect feeding^{91, 92} anti nematode activity⁹³. It also produces the compounds that inhibit the growth of other fungi for e.g. Yue et al. (2000) showed the production of indole derivatives, a diacetamide and a sesquiterpene from *Epichloë festucae*⁹⁴.

Nonclavicipitaceous endophytes (NC)

These NC endophytes form the symbiosis with host plants, conferring fitness benefits like biotic and abiotic stress tolerance, enhance growth, yield and nutrient acquisition^{95, 14, 96}. NC endophytes are further classified into three groups based on the life style, ecological

interactions and other related traits. Class 1 endophyte promotes the ecophysiology of plant and confers the tolerance to abiotic stresses like drought and metal contamination⁹⁷.

Class 2 endophytes

This includes diverse groups of species and all belong to member of Dikarya (Ascomycota or Basidiomycota). Most of them are from ascomycota and lesser of basidiomycota. Class 2 endophytes differs from other group of NC endophytes because they colonize the roots, stem and leaves of host plants and form extensive interaction and transmitted via seed coats and rhizomes and confer habitat as well as nonhabitat adapted fitness advantages. In stress condition the colonization frequency increases to 90-100 %. These groups colonize the plants by forming appresoria or by direct penetration into host tissue *via* hyphae. Growth of endophytes is mainly intercellular with harming the host plant⁹⁸. They are transmitted vertically *via* seed coats⁹⁹. These endophytes also confer stress tolerance when they are present in symbiosis with host tissue e.g., *Curvularia protuberata* colonizes the tissue of geothermal plant *Dichanthelium lanuginosum* and in nonsymbiotic condition none of them tolerate the temperature stress above 40°C. With symbiosis association both the partners tolerate the stress for e.g. *Fusarium culmorum* colonizes the non-embryonic tissues of host plant dune grass (*Leymus mollis*) tolerates the seawater salinity (300–500 mM NaCl) but their growth retarded as they are separated from each other⁹⁶. Class 2 endophytes not only protect the plant from adverse climatic condition but also enhance the root and shoot biomass of host plant due to induction of phytohormone by host or biosynthesis of hormone by endophytic fungi¹⁰⁰ protect host tissue from pathogens¹⁰¹, secondary metabolites production¹⁰², and systemic resistance¹⁰³. Endophytic fungi i.e., *Fusarium oxysporum* and a *Cryptosporiopsis* sp. confer disease resistance from virulent pathogens in *Hordeum vulgare* and *Larix decidua*, respectively¹⁰² and it is due to phenol concentration increases in host plants.

Abiotic stress (heat, salt and drought) induces the similar plant response including increased osmolyte production, altered water relations, production of signaling molecules such as abscisic acid and reactive oxygen species

generation^{104, 105}. Class 2 endophyte-colonized and noncolonized plants showed no significant correlation between osmolytes and symbiotically conferred stress tolerance⁹⁶. Similar results were seen in drought tolerance condition where Class 2 endophyte-conferred drought tolerance does not increase osmotic potential as in drought stress osmotic potential increases in plants⁹⁶. Although non-colonized plants showed no increase in osmotic potential under same stress but they wilt much earlier compared to symbiotic plant.

Class 3 endophytes

They are classified based on the occurrence, horizontal transmission; formations of highly localized infection and confer benefits, not habitat specific. It consists of hyper diverse group of endophytic fungus present in leaves of tropical trees¹⁰⁶. This type of group of endophytes are member of Dikaryomycota (ascomycota or basidiomycota), reproduce by fragmentation of hyphae or by production of spores¹⁰⁷.

Class 4 endophytes

This group consists of pigmented brown to brackish colored fungus associated with plant roots. These sterile also called as mycelium radices atrovirens (MRA). They co-exist with mycorrhizal fungi and referred as pseudomycorrhizal fungi. Presently, these fungi called as dark septate endophytes (DSE). They are mainly ascomycetous fungi present as conidial or sterile form with melanised structure and associated with roots of shrubs, trees and conifers. Mandyam and Jumpponen (2005) reported that DSE symbiosis with roots provides multifunctional benefits in host growth; protect plants from pathogens by minimizing the availability of carbon sources in rhizosphere⁹.

Functions of endophytes

Endophyte provides the protection to the host plant by producing the plethora of compounds. It is known as a chemical synthesizer in their host plants¹⁰⁸. Bioactive natural metabolites produce by fungal endophytes has promising potential benefits in safety in plants as well as in human health^{75, 74, 109}. The members of endophytic fungi are mainly from Ascomycota as well as some of Basidiomycota, Oomycota and Zygomycota¹¹⁰, can produce many

bioactive compounds^{111, 112, 113, 114}, promote host plant growth¹¹⁵ and resistance to unfavourable environmental stress condition^{116, 117} and decomposition of litter^{44, 43}. Therefore, fungal endophytes are one of the important components of ecosystems and plays a key role in nutrient and energy recycle. Endophytic fungi confers the plants in many important ways like modification in physiological properties, resistance to stress condition and production of plant hormones and other metabolites of biotechnological interests i.e., enzymes and drugs. Besides, these economical importance endophytic fungi have become a good research topic for scientists, concerning the discovery and identification of new and unique microbial species.

a) **Biological role of fungal endophytes**

Fungal endophytes play various important roles with broad spectrum in host plants, human being and on environment. It is capable to synthesize the bioactive agents which can be used by host plants as a defense agent against pathogen, stimulation of plant growth and in the process of drug discovery.

1. **Natural products**

Diverse group of endophytic fungi is a rich source of important and novel bioactive

metabolites promising applications in food industry¹¹⁸, agricultural applications and drug discovery^{119, 120, 121}. Large number of bioactive metabolites are extracted and characterized from fungal endophyte which includes flavonoids, alkaloids, terpenoids, steroids, polyketones, peptides, quinols, phenols and some chlorinated compounds^{122, 32, 123}. Production of natural products from endophytic fungi adapts a very specific and unique function in nature therefore to explore the novel secondary molecules should focus on fungi which inhabit novel biotopes. Schulz et al. (2002) isolated and screened 6500 endophytic fungi from plants for biologically active metabolites and found positive correlation between bio-activity and biotope¹²⁴. Medicinal plants are recognized as a good repository of endophytic fungi having capacity to produce the novel metabolites of unique structure with industrial importance^{125, 126}. Some medicinal plants harbor the endophytic fungi which produces the secondary metabolites for eg. Anticancer drug taxol produces by the endophytic fungi of host plant *Taxus brevifolia*, *T. mairei*, *T. chinensis var. mairei*, *T. celebica*, and *T. wallachiana*, many scientists have done the research on this context^{127, 128, 129}. Endophytic fungi are natural source of pesticides which provides resistance to the plants against pathogens¹³⁰.

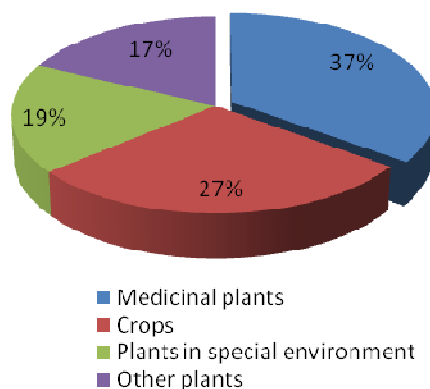


Figure 1
Distribution of bioactive endophytic fungi from different sources.

The relationship between host plants and endophytic fungi are mainly mutualistic to each other. Host plant supply easeful habitation and plenteous nutriment for the

survival of fungal endophytes on other hand endophytes produces a variety of bioactive metabolites to benefits the host plant and increase its tolerance to biotic and abiotic

stress condition^{131, 132}. Some fungal endophyte has the ability to produce the same bioactive metabolites as their host plant produces and this is the beneficial to study the relation between plants and endophytes so that the demands of valuable bioactive

metabolites and this can be replaced by plant derived products^{133, 134}. Endophytic fungi produce the bioactive compounds such as podophyllotoxin, paclitaxel, vinblastine, camptothecine, diosgenin and hypericin which are also produce by their host.

Table 2
list of endophytic fungal metabolites showing antifungal activity

Endophytic fungi	Host plant	metabolite	Biological activity	References
<i>Phomopsis</i> sp.	<i>Gossypium hirsutum</i>	Epoxychochalsin H , Cytochalsin N , Cytochalsin H	Antifungal	¹³⁵
<i>Penicillium vinaceum</i>	<i>Crocus sativus</i>	(-)-(1R,4R)-1,4-(2,3)- indolmethane-1-methyl-2,4-dihydro-1H-pyrazino-[2,1-b]-quinazoline-3,6-dione	Antifungal and cytotoxic	¹³⁶
<i>Phoma</i> sp.	<i>Arisaema erubescens</i>	b-sitosterol	Antifungal	¹³⁷
<i>Xylaria</i> sp.	<i>Piper aduncun</i>	Dihydroisocoumarins	Antifungal	¹³⁸
<i>Penicillium</i> sp.	<i>Alibertia macrophylla</i>	(R)-7- ydroxymellein , (3R, 4R)-4, 7-dihydroxymellein	Antifungal	¹³⁸
<i>Phoma</i> sp.	<i>Arisaema erubescens</i>	(3S)-3,6,7-trihydroxy-a-tetralone,Cercosporamide	Antifungal	¹³⁷

2. Host growth and nutrient uptake

The potential function of root endophytic fungi is reported as it facilitates the uptake of nutrient in plants which leads to the growth stimulation. Improvement in nutrition and growth has the indirect positive effects on other functions, like pathogen resistance or greater stress tolerance in plants¹³⁹. An ideal example is Basidiomycete *Piriformospora indica*, a root endophytic fungus serves the host growth, nutrient uptake, and fitness promotion. This Hymenomycete fungus colonizes the inter- and intracellularly roots and forms round bodies^{140, 141}. *P. indica* has the ability to mobilize the unavailable phosphorus by secreting the extracellular enzyme phosphatases, simultaneously mediating its uptake and translocation via an energy dependent process¹⁴². There is also a report on nitrogen accumulation by *P. indica* in the shoots of *Arabidopsis thaliana* and *Nicotiana tobaccum*. The nitrogen content increased by 22% in *N. tobaccum*, which indicates the 60% transfer of substrate N in the plants. *P.indica* has wide host range enhance growth of *Zea mays*, *Bacopa monniera*, *Nicotiana tobaccum*, *Petroselinum crispum*, *Artemisia annua*, *Populus tremula*, *Sorghum vulgare*, *Oryza sativa*, *Triticum*

sativum, *Cicer arientinum*, *Glycine max*, *Solanum melongera*, and orchids like *Dactylorehiza purpurella*, *D. majalis*, *D. fuchsia* and *D. inacrata*^{143, 144, 145, 146}.

3. Production of phyto-hormones

Fungal endophytes enhance the growth by producing plant hormones with no apparent facilitation of nutrient uptake. The endophytic fungi increase the biomass with the help of production of growth hormones or induction the production of hormone⁷. Rommert et al. (2002) reported that the mycelial extract of fungus *Phialocephala fortinii* induced the similar enhancement in root and shoot biomass of *Larix decidua* as fungal filtrate¹⁴⁷. Growth promotion was attributed by the IAA production by fungus *in vitro*. Similar results were seen with fungal culture filtrate of *P. indica*, when 1% w/v of filtrate was mixed with maize seedlings for four weeks, the shoot biomass increased and it was similar as that of live fungal biomass^{141, 148,149,150}.

4. PIGMENT PRODUCTION

Quercetin glycoside an orange isolated from a fungal endophyte belongs to *Penicillium* sp.¹⁵¹. *Penicillium purpurogenum* SX01, identified from *Ginkgo biloba* L, was able to produce

sufficient soluble red pigments which used as a natural food coloring substances¹⁵². One of the pigments isolated from fungal endophyte *Monodictys castaneae* inhibits the human pathogenic bacteria *Klebsiella pneumonia*, *Staphylococcus aureus*, *Vibrio cholera* and *Salmonella typhi*, and proved more effective than streptomycin¹⁵³.

5. Hosts tolerance to abiotic stress Salt stress

Salinization is one of the serious problems in arid and semi arid regions¹⁵⁴. Significance of salinity in soils is enormous¹⁵⁵ it affects the growth and development of plants and reduces the productivity^{156, 157}. Direct effects of salinity on plants are: (a) diminution in the osmotic potential of soil which reduces the available water to the plants and cause drought to prevent this problem plant should maintain the internal osmotic potentials to prevent the water movement from roots to the soil^{158, 159} (b) the excessive toxicity of Na⁺ and Cl⁻ ions disrupt the structure of enzymes, macromolecules, plasma membrane and cell organelles and hamper the process of photosynthesis, protein synthesis and respiration^{160, 158} and (c) causes imbalance in nutrient in plants by nutrient uptake or transport to the plant shoot which leads to ion deficiencies^{161, 162}, a root-endophytic fungus *Piriformospora indica*, improve the plant resistance from leaf and root diseases and alleviate the salt stress tolerance in barley⁹⁵.

Drought stress

Piriformospora indica, a root endophyte effectively helps the plants to enhance the tolerance against abiotic stress condition like drought. For e.g., endophyte increases tolerance in Chinese cabbage (*Brassica campestris* L. sp. *Chinensis*) and *Arabidopsis thaliana*^{163, 164, 165}, result showed that colonized plants were more drought tolerant than uncolonized plant^{163, 165}. Under drought condition colonized host plants had more chlorophyll content and photosynthetic efficiency compared to noncolonized plants^{163, 166}. Various mechanisms are used behind the stress tolerance in host plants by microbes. Production of phytohormones like gibberellins, indole acetic acid, which results in increased in the root surface area, root length, and number of root tips, that leads to

enhance the nutrient uptake and therefore improving the plant growth under stressed environments¹⁶⁷. Fungal endophytes helps the host plants to withstand and tolerate the unfavourable environmental conditions like drought, high temperatures and salts⁹⁷. *Dichanthelium lanuginosum*, the herbal plant growing in soil where temperatures reach to 57 °C, because of presence of *Curvularia* sp. an endophytic fungus. The colonized plants can survive in high temperature and water stressed areas than uncolonized plants⁹⁹. These beneficial effects were observed by systemically alternation in distal leaves, with increases the anti-oxidative capacity because of activation of glutathione ascorbate cycle in plants and results in grain yield. Therefore, such symbioses are required as they can help the plants to adapt in global climate changing atmosphere¹⁶⁸.

6. HOSTS TOLERANCE TO BIOTIC STRESS

Endophytes are effective in protecting the plants from pathogens and pests^{169, 170}. Foliar and systemic endophytes reduce the herbivory by excreting the alkaloids toxic to vertebrates and insects¹⁷¹. It can also induce the resistance to diseases, by mechanisms associated with nutritional status of host plant, and increase in the growth of plants by their tolerance to abiotic stress condition^{99, 172}. First mechanism is the competition between fungal endophyte and the pathogen for same resources¹⁷³. For eg. endophytic non-pathogenic *F. oxysporum* inhibits the growth of pathogenic *F. oxysporum* f. sp. *radicis-lycopersici* by which it reduces the root rot in tomato¹⁷⁴. The spores of *F. oxysporum* compete with pathogen for carbon source, and reducing the availability of nutrient for pathogen. The second mechanism is based on the ability of fungal endophytes to induce the host to produce the phytoalexins, and biocidal compounds, or the capacity of endophyte itself for the production of fumigants and antimicrobial compounds. For eg. *Spilanthes calva* inoculated with the spores of *Piriformospora indica*, and then it produces antifungal compounds which inhibit the growth of soil-borne pathogens *Trichophyton mentagrophytes* and *F. oxysporum*^{175, 145, 176}.

7. Production of volatile antibiotics

The fascinating use of fungal endophytes in the area of soil fumigation. One of the endophytic fungus of Xylariaceae family i.e. *Muscodor albus* from *Cinnamomum zeylanicum* completely inhibits or kills the microbes by releasing the mixture of volatile chemicals¹⁷⁷. These compounds are identified by gas chromatography and use as a mycofumigation. Another report on fungal endophyte, *Muscodor roseus* obtained from tree growing in Northern region of Australia showed the inhibition or death on test organisms. In addition to this, a nonmuscodor fungus, *Gliocladium* sp. was first time discovered as a producer of volatile antibiotic and these compounds are different from *M. roseus* or *M. albus*¹⁷⁸.

b) Environmental role of fungal endophytes

Fungal endophytes are also known for its role in ecological community by decreasing the range of environmental degradation, biodiversity loss, spoilage of water and land due to toxic insecticide, poisonous gases and industrial sewage. Endophyte is a biological method and widely used to control the growth of insects, pathogens and remediate the environment¹⁷⁹. Application of fungal endophytes in phytoremediation i.e., eradication of heavy metals and xenobiotics from soil assisted by plants¹⁸⁰. The process of phytoremediation depends on the microbes and ability of plant to accumulate and tolerate the high concentrations of metal pollutant, with high yield. Endophytes used for bio-accumulating the pollutants and heavy metals from environment while increasing the plant growth through the process of mobilization/immobilization¹⁸⁰. Endophyte contributes directly or indirectly in the process of phytoremediation and degradation of toxins from environment. Indirectly by enhancing the plant growth which having the ability of phytoremediation and directly through accumulating or degrading the pollutants by endophyte itself. As the industrialization increasing various types of anthropogenic chemicals like petroleum hydrocarbons (PHC), halogenated hydrocarbons, polycyclic aromatic hydrocarbons (PAHs), solvents, heavy metals, pesticides and salt, are

introduced in the environments and cause many problems^{181, 180, 182}.

1. Bio-Technological applications

Endophytes has the high ability to secrete the various novel enzymes that have the major application in the area of biotechnology like the use of degradative enzymes for environment remediation, biological transformations of organic compounds¹⁸³ and medical applications¹⁸³.

2. Enzymes production

Endophytes mainly produce the extracellular enzymes to colonize the plant tissues. It has been reported that most of the endophytes utilizes the cell components and nutrients of plant *in vitro* for eg. endophytes utilize pectin and xylan and, shows the lipolytic activity and produces other enzymes like peroxidases, chitinase, laccases, and glucanase¹⁸⁴.

3. Pharmaceutical applications

Endophytes are also known as the chemical synthesizers inside the plants¹⁰⁸. Many fungal endophytes are reported to produce the novel antifungal, antibacterial, anti-inflammatory, antiviral, antitumor, and also other compounds like steroid, alkaloids, terpenoids, flavonoid derivatives^{34, 185, 186}. The best example is Vm-J2 endophytic fungus produces the same bioactive metabolite, vincamine, as the host plant produces¹⁸⁷. Hence, the production of natural metabolites by endophytes help to protect and conserve the natural resources and satisfy the demands of drugs of plant-derived by fermentation.

4. Anti-cancer agents from endophytes

Endophytic fungi produce the bioactive compounds which could be alternative method to discover the novel anticancer drugs^{179, 188}. Chandra (2012) also reported many endophytic fungi as sources of anticancer molecules¹⁸⁹. The anticancer compounds obtained from endophytic fungus *Fusarium solani* of *Camptotheca acuminata* are Camptothecin and analogues (10-hydroxycampto-thecin and 9-ethoxycamptothecin and)¹⁹⁰. Several reports are there on endophytes producing other Camptothecin and analogues producing^{191, 192, 193, 194}. Endophytic fungi also have the

capacity to produce natural antioxidants from *Scapania verrucosa* a medicinal plant¹⁹⁵.

CONCLUSION

The internal space of host plants harbor the diverse form of endophytic fungi and their association varies from symbiotic to pathogenic. They are rich and best reliable source of bioactive compounds with higher level of biodiversity and of pharmaceutical importance. They cause physiological modifications in the host plant and make them more tolerable in adverse climatic condition and help plants to adapt. They have excellent

potential for implementation as a biocontrol agent and plant growth and improvement. To consider all these benefits fungal endophytes has proven to be a boon and accomplish the requirements in biotechnology, agricultural and industrial areas.

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