

**VASCULAR ENDOTHELIAL GROWTH FACTOR RECEPTOR
ANTAGONIST- A TARGET FOR TREATING INFLAMMATORY DISEASE****YADU NANDAN DEY^{*1}, NEHA YADAV², MAHVISH JAMAL² AND AJOY
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ABSTRACT

The present review of literature was done to check the influence of the main angiogenic factor vascular endothelial growth factor in the various physiological and pathological conditions like growth, development, tumor formation, arthritis etc. It was also seen that how VEGF are classified and produced as well as the mechanism of action. VEGF bind over the specific receptors and cause cascade of events of angiogenesis. So if the VEGF receptor antagonists are investigated they can block the VEGF receptor and prevent the process of angiogenesis which occurs in various chronic inflammations like solid tumor, rheumatic arthritis etc.

KEYWORDS*Angiogenesis, VEGF, Anti VEGF therapy, tumor, VEGF Receptor***INTRODUCTION**

Angiogenesis is a process which occurs physiologically involves the growth of new blood vessels from pre-existing vessels. It is a normal and important process in growth and development, as well as in wound healing. However, it is also a fundamental step in the transition of tumors from a dormant state to a malignant one. ^{1,2}Vascular endothelial growth factor (VEGF) is a chemical signal produced by cells that stimulates the growth of new blood vessels. It is part of the system that restores

the oxygen supply to tissues when blood circulation is inadequate. VEGF's normal function is to create new blood vessels during embryonic development, new blood vessels after injury, and new vessels (collateral circulation) to bypass blocked vessels. When VEGF is overexpressed, it can contribute to disease. Solid cancers cannot grow beyond a limited size without an adequate blood supply; cancers that can express VEGF are able to grow and metastasize. Overexpression of

VEGF can cause vascular disease in the retina of the eye and other parts of the body. Drugs such as bevacizumab can inhibit VEGF and control or slow those diseases. VEGF is a family of growth factors, specifically the

platelet-derived growth factor family of cystine-knot growth factors. They are important signaling proteins involved in both vasculogenesis^{3,4} (Fig 1)

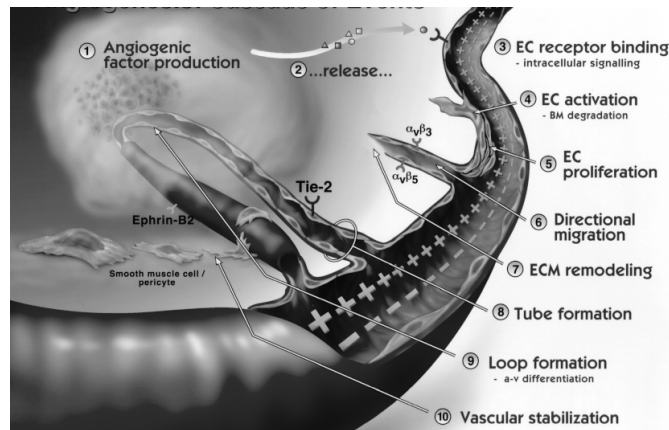


Fig 1. (A) Angiogenesis cascade of events⁵



(B) Angiogenesis in children⁶

Classification of Vegf

Angiogenesis is triggered by a change in balance between different pro- and anti-

angiogenic activities that regulate the behavior of capillary endothelial cells⁷. In this regard, a

pre-eminent role has been established for the vascular endothelial growth factor (VEGF)-related family of angiogenic and lymphangiogenic growth factors, which currently includes VEGF-A, -B, -C, -D, -E, and placenta growth factor (PlGF). VEGF-A is believed to play an indispensable role in angiogenesis. Indeed, targeting of the *VEGF-A* gene in mice resulted in early embryonic lethality due to severe structural and functional abnormalities in the developing vasculature, even when only a single *VEGF-A* allele was inactivated^{8,9}. Embryonic lethality is also induced by targeted disruption of either of the

two main VEGF receptors expressed by endothelial cells, namely VEGFR-2 (Flk-1/KDR) and VEGFR-1 (Flt-1), the former regarded as the main transducer of positive pro-angiogenic signals¹⁰. The profound influence of the VEGF/VEGF receptor axis on vascular development and angiogenesis is likely linked to its role as a stimulator of endothelial cell survival, mitogenesis, migration, differentiation and self-assembly, as well as vascular permeability and mobilization of endothelial progenitor cells (EPCs) from the bone marrow into the peripheral circulation¹¹.

Alternative Classification of Vegf

The broad term 'VEGF' covers a number of proteins from two families, that result from alternate splicing of mRNA from a single, 8 splice site (denoted VEGF_{xxx}) or distal splice site (VEGF_{xxx}b). In addition, alternate splicing of exon 6 and 7 alters their heparin-binding affinity, and amino acid number (in humans: VEGF₁₂₁, VEGF_{121b}, VEGF₁₄₅, VEGF₁₆₅, VEGF_{165b}, VEGF₁₈₉, VEGF₂₀₆; the rodent orthologs of these proteins contain one fewer amino acid). These domains have important functional consequences for the VEGF splice variants, as the terminal (exon 8) splice site determines

exon, *VEGF* gene. (Fig -2) The two different families are referred to according to their terminal exon (exon 8) splice site - the proximal whether the proteins are pro-angiogenic (proximal splice site, expressed during angiogenesis) or anti-angiogenic (distal splice site, expressed in normal tissues). In addition, inclusion or exclusion of exons 6 and 7 mediate interactions with heparan sulfate proteoglycans (HSPGs) and neuropilin co-receptors on the cell surface, enhancing their ability to bind and activate the VEGF receptors (VEGFRs)^{12, 13, 14, 15}

Mechanism Of Action Of Vegf

All members of the VEGF family stimulate cellular responses by binding to tyrosine kinase receptors (the VEGFRs) on the cell surface, causing them to dimerize and become activated through transphosphorylation, although to different sites, times and extents. The VEGF

receptors have an extracellular portion consisting of 7 immunoglobulin-like domains, a single transmembrane spanning region, and an intracellular portion containing a split tyrosine-kinase domain. (Fig. 3) VEGF-A binds to VEGFR-

1 (Flt-1) and VEGFR-2 (KDR/Flk-1). VEGFR-2 appears to mediate almost all of the known cellular responses to VEGF. The function of VEGFR-1 is less well-defined, although it is thought to modulate VEGFR-2 signaling. Another function of VEGFR-1 may be to act as a dummy/decoy receptor, sequestering VEGF from

VEGFR-2 binding (this appears to be particularly important during vasculogenesis in the embryo). VEGF-C and VEGF-D, but not VEGF-A, are ligands for a third receptor (VEGFR-3), which mediates lymphangiogenesis.¹⁶

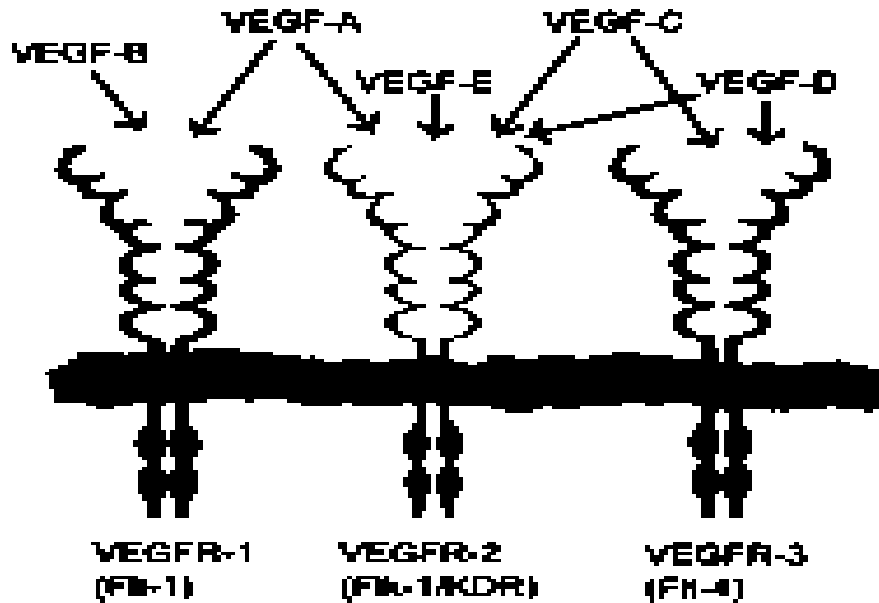


Fig.3 Mechanism of action of VEGF on VEGF receptors¹⁷

Production Of Vegf

VEGF_{xxx} production can be induced in cells that are not receiving enough oxygen. When a cell is deficient in oxygen, it produces HIF, hypoxia-inducible factor, a transcription factor. HIF stimulates the release of VEGF_{xxx}, among other functions (including modulation of erythropoiesis). Circulating VEGF_{xxx} then binds to VEGF Receptors on endothelial cells, triggering a Tyrosine Kinase Pathway leading to angiogenesis.^{18,19}

Clinical Significance Of Vegf

VEGF_{xxx} has been implicated with poor prognosis in breast cancer. The overexpression of VEGF_{xxx} may be an early step in the process of metastasis, a step that is involved in the "angiogenic" switch. Although VEGF_{xxx} has been correlated with poor survival, its exact mechanism of action in the progression of tumors remains unclear. VEGF_{xxx} is also released in

rheumatoid arthritis in response to TNF- α , increasing endothelial permeability and swelling and also stimulating angiogenesis (formation of capillaries). VEGF_{xxx} is also important in diabetic retinopathy²⁰. VEGF is a potential target for the treatment of cancer. Patients suffering from pulmonary emphysema have been found to have decreased levels of VEGF in the pulmonary arteries.²¹

Anti-Vegf Therapies

Anti-VEGF therapies are important in the treatment of certain cancers and in age-related macular degeneration. (Fig. 4). They can involve monoclonal antibodies such as bevacizumab (Avastin), antibody derivatives such as ranibizumab (Lucentis), or orally-available small molecules that inhibit the tyrosine kinases stimulated by VEGF: sunitinib (Sutent), sorafenib (Nexavar), axitinib, and pazopanib.²²

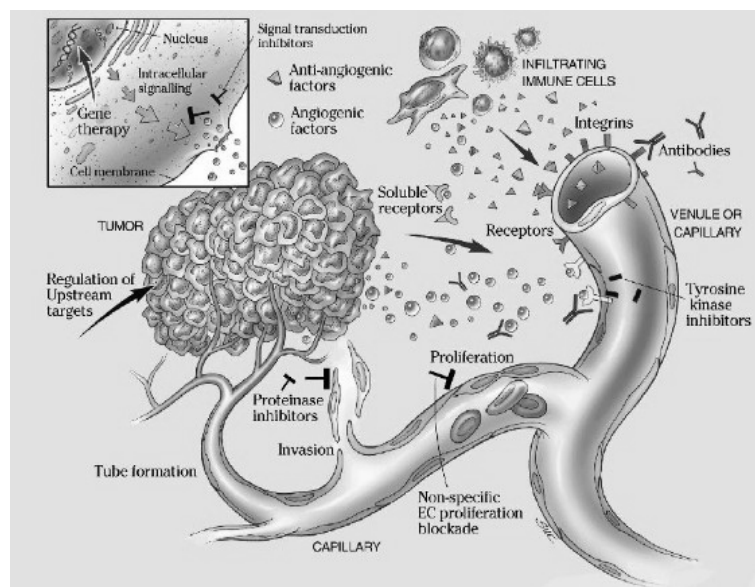


Fig. 4 Anti angiogenic therapies²³

DISCUSSION

These studies suggest implicitly that not only is VEGF essential and indispensable for tumor growth and neovascularization, but also that tumor cells themselves constitute the major source of VEGF. Angiogenesis is triggered by a change in balance between different pro- and anti-angiogenic activities that regulate the behavior of capillary endothelial cells²⁴. There are numerous reasons to suggest that VEGF

also plays an important role in 'pathological' forms of angiogenesis, including tumor neovascularization²⁵. For instance, VEGF expression is elevated in the majority of human cancers, and in many transformed cell lines in culture²⁶. A causative role for VEGF in tumor angiogenesis has been implicated by numerous studies^{27,28}. There are, however, experimental findings that seem to be at variance with the notion that VEGF is a non-redundant tumor angiogenesis factor that is predominantly produced by cancer cells. For example,

appreciable VEGF expression has been detected in tumor-associated fibroblasts^{29,30,31} and inflammatory cells³². It has also been observed that reduction of VEGF expression in cancer cells may be functionally insignificant in certain advanced experimental tumors³³, and that tumor progression is associated with expression of an increasing number of different pro-angiogenic growth factors, in addition to VEGF³⁴. Moreover, while the anti-tumor effects of neutralizing antibodies and pharmacological antagonists of VEGF or its receptors have been promising in many cases^{35,36}

CONCLUSION

From the above review it was concluded that VEGF is an important angiogenic factor which is responsible for the growth of blood vessels inside the solid tumours, arthritis and other inflammation induced diseases. It was also seen that VEGF acts by VEGF receptors present in the endothelium cells. So, if these receptors are antagonized, the angiogenesis cascade of events can be stopped and thus the tumour cells will die without blood vessels and oxygen. So, it may be a better treatment if some antagonists (chemicals) can be synthesized or investigated from natural sources.

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