



DEVELOPMENT OF SUSTAINED RELEASE MICRO/NANO PARTICLES USING DIFFERENT SOLVENT EMULSIFICATION TECHNIQUES: A REVIEW

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ABSTRACT

Solvent extraction/evaporation, solvent diffusion/evaporation or any modification in the basic principle of the emulsification technique produces the drug loaded sustained release micro or nanoparticles of desired properties. For understanding the basic principles of these techniques, it is essential for the development of desired objectives. Emulsification is the only step where we can disrupt the size of droplets by applying external energies like high pressure, high speed, and sonication individually or alternatively. Solidification of the drop can be controlled by rate of evaporation, extraction or diffusion. Physical as well as chemical factors can affect final results of size, encapsulation efficiency and drug release pattern. These techniques are simple at lab level, economic, robust, and well controlled methods which also give preliminary idea about the controlled factors and parameters required for the production at large scale.

KEYWORDS: Emulsification, external energies, multiple-emulsion, factors affecting, application.



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INTRODUCTION

The three important parameters on which the selection of the most suitable drug delivery system is based are the drug, the disease state, and the latter's location in the body. Now days, small drug molecules continue to dominate the pharmaceutical market because it enjoys the advantages of small molecular size, solubility, and permeability, which are favorable for passive membrane diffusion. Researchers have succeed in part in controlling the drug absorption process to sustain adequate, effective plasma drug levels and better cellular uptake or drug targeting to specific tissues for those drugs with poor bioavailability over a prolonged period of time by designing delayed or controlled release micro and/or nanoparticulate delivery systems intended for either oral or parenteral administration ¹. The ultimate objective of microparticulate delivery system (size from 1 to 1000 μm) is to extend and control the release of the active molecule from the coated particle without attempting to modify the normal biofate of the active molecules in the body after administration and absorption ². On the other hand, nanoparticulate delivery systems (size from 10-100 nm) are usually intended for oral, parenteral, ocular, and topical use, with the ultimate objective being the alteration of pharmacokinetic profile of the active molecule³. Numbers of techniques are widely used in development and production of micro and/or nanoparticulate drug delivery system like emulsion polymerization, interfacial polymerization, interfacial polycondensation, polymerization of monomer and from linear polymers, solvent

displacement and interfacial deposition, salting out with synthetic polymers, from natural macromolecules and spray drying ⁽⁴⁻⁶⁾. The comparative studies of all these methods reveal that, emulsification solvent evaporation/extraction/diffusion is simple beaker-stirrer lab scale, economic, robust, and well controlled method which also gives preliminary idea about the controlled factors and parameters required for the production in large scale. The solvent evaporation technique is fully developed at the end of 1970s ⁷. This classic technique convoluted by Bodmeier and Mc Ginity ⁸, Ogawa et al. ⁹, Jeffery et al. ¹⁰, Iwata and Mc Ginity ¹¹ and different recent variations are commonly used for encapsulation of various substances from simple pharmaceutical products to protein and DNA. In this review we mainly focused on the preparative steps of single, double, and multiple emulsification techniques, mechanics of mass transfer during solidification, factors influencing on the properties of particles, of some referred compounds.

EMULSIFICATION SOLVENT EVAPORATION /EXTRACTION /DIFFUSION METHOD

This technique is based on the evaporation of internal phase of an emulsion by agitation, therefore neither requires elevated temperatures nor phase separation inducing agents. Basically following main steps are involved in this method for the preparation of drug loaded micro and/or nanoparticles. All these steps are also summaries in Fig.1.

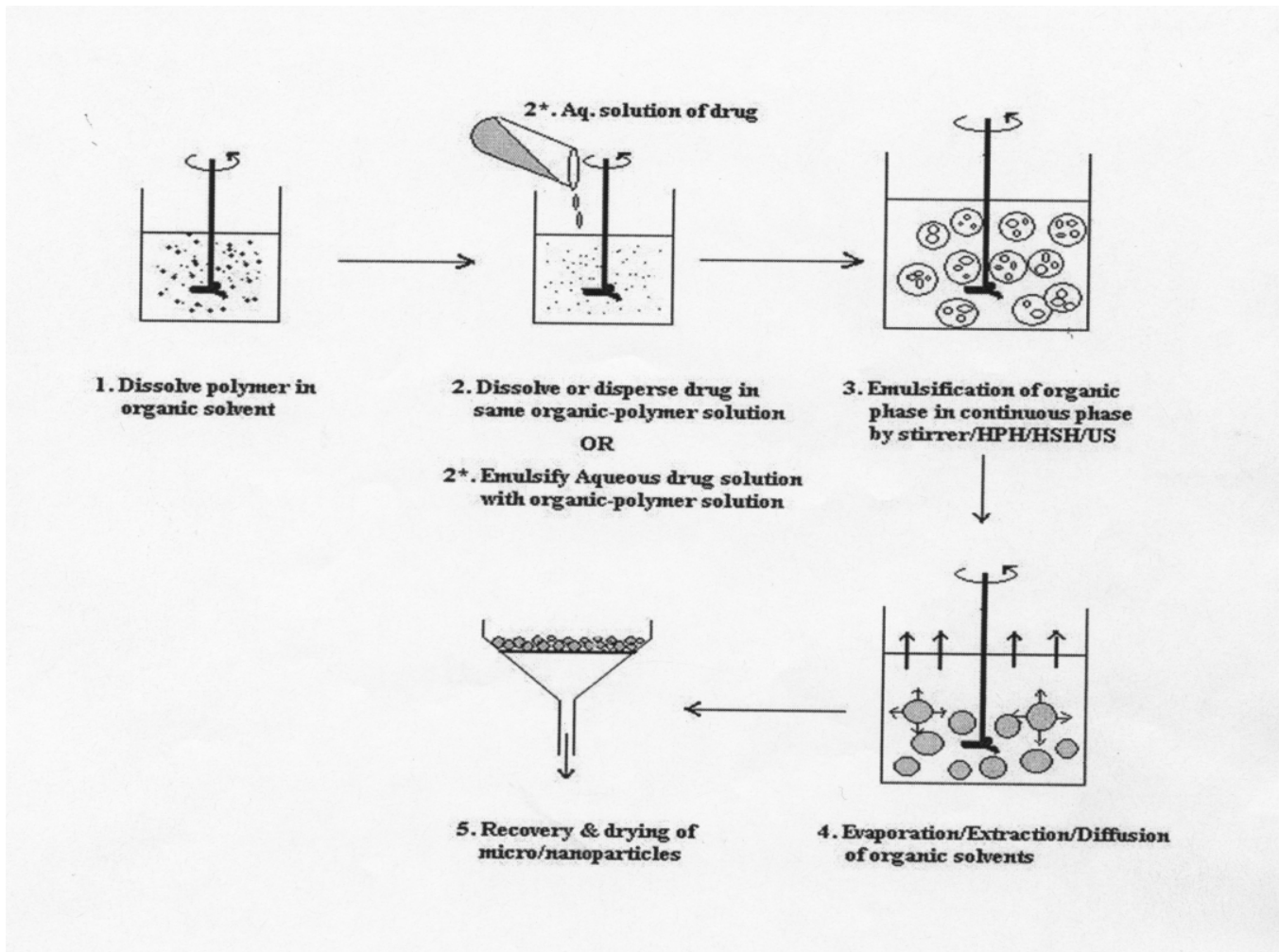


Figure 1.
Schematic diagram of solvent emulsification technique for the preparation of drug loaded micro/nano particles

(i) Dissolution of biodegradable polymers in organic solvent.

Select the appropriate polymer depending on molecular weight, copolymer blend ratio, and the degradation or erosion rate to achieve desired results. Dissolve the selected polymer with maintaining constant volume of organic solvent. The viscosity of the solution may change due to amount and properties of the polymer. The common biodegradable polymers used in drug delivery include (i) polyesters, such as lactide and glycolide copolymers, polycaprolactones¹², poly(β -hydroxybutarates), (ii) polyamides, which include natural polymers such as collagen,

gelatin, albumin, and semisynthetic pseudo-poly(amino acids) such as poly(N-palmitoyl hydroxyproline ester), (iii) polyurethanes, (iv) polyphosphazenes, (v) polyorthoesters, (vi) polyanhydrides, and (vii) poly(alkyl cyanoacrylates)^{13,14}.

(ii) Dissolution or dispersion of drug in organic-polymers solution.

The drug to be encapsulated may be added to the above polymer solution by either codissolution in a common solvent, dispersion of finely pulverized solid material or emulsification of an aqueous solution of the drug immiscible with the above polymer

solution. The solvation of medicinal drug in organic solution of polymers can be achieved by addition of hydrophilic cosolvent¹⁵. The advantage of solubilizing the active drug is related to the flexibility of producing particles of extremely small sizes whose internal structure are more homogeneous irrespective of the initial drug particle size. Dispersion of the solid or dissolved drug in the polymer containing solution may be achieved by ultrasonication, impeller or static mixing, high speed rotor-stator mixing, or microfluidization. This step may primary emulsion formation step for the formation of nanoparticles by double/multiple emulsion technique. Therefore nanodroplets can be created by applying external energy like sonication or high pressure homogenization at this step¹⁶.

(iii) Emulsification of organic phase in second continuous phase.

In this step, the organic phase emulsified under agitation in a continuous phase consisting of nonsolvent of the polymer, which is immiscible with organic solvent, which contain an appropriate emulsifier like poly (vinyl alcohol), polysorbate 80, poloxomer 188, Tween 80, Span 80. Emulsification is droplet formation step which determines the size and size distribution of the resulting microspheres. Therefore this step may affect drug encapsulation efficiency, rate of drug release, percentage yield. Stirring is basic method to generate droplet of the drug/polymer dispersion in the continuous extraction phase for subsequent solvent removal. In the simplest approach, extraction phase is filled in to a vessel and agitated by an impeller. The drug/matrix dispersion is then added, dropwise or all at once, under agitation at a speed sufficient to reach the desired droplet size. Currently different advanced methods are used for droplet formation in microsphere production but all that are not simple like stirring. The basic difference between the microparticulate and nanoparticulate system is of size which is to achieve at this step only. For the production of nanoparticle the prepared emulsion is

broken down into nanodroplets by applying external energy like high speed homogenization¹⁷, high pressure homogenization¹⁸, sonication¹⁹ and these nanodroplet forms nanoparticle upon solvent evaporation/extraction. The aim of emulsification through these external energies is frequently to obtain droplets that are as small as possible ($d < 1\mu\text{m}$). Before introducing the mixture for nanoemulsification step it may be pre-emulsified through high shear or sonication for few seconds or minutes. This resulted coarse pre-emulsion then immediately passed through HPH or sonicator.

(a) High pressure homogenization

In order to produce emulsions, the dispersed phase must be distributed in finely divided form throughout the continuous phase. High-pressure homogenisers are particularly suitable for the production of finely dispersed emulsions²⁰. An important as well as critical step in emulsification is droplet disruption. It is not possible to specify a single overall disruption mechanism for a certain type of device without taking the device parameter (eg. valve geometry), operating parameter (eg. volume flow rate, temperature), product parameters (viscosity of the two phases, interfacial tension) into consideration. In case of laminar flow drop can deformed either by shearing or elongation while in turbulent flow both shear forces and inertial forces come into action. Accordingly, a lot of controversies exist in the literature as regard the exact cause of the droplet disruption in the HPH. Different disruption mechanisms are generally emphasized. Thus in most cases, with the standard valve geometry, turbulence is said to be the predominant mechanism. Depending on the mode of operation, laminar shear and cavitation could also be effective disruption mechanism²¹. Basically a high-pressure homogeniser consists of a high-pressure generator and a homogenising valve assembly designed for this specific high-pressure application. The processed solution in any type of homogenizer valve passes under high

pressure and low velocity through a convergent section called "homogenizing gap" and then expand to generate nanoscaled nano-emulsion droplets²². During product enters the adjustable, close clearance area between the valve and seat, there is rapid increase in velocity with a corresponding decrease in pressure. The intense energy release causes turbulence and localized pressure difference, which will tear apart the particles. In cavitation theory the liquid encounters intense cavitation because of the large pressure drop through the valve. When the pressure drop is large enough, the vapor pressure of the liquid exceeds the ambient pressure causing formation of vapor bubbles (cavities in the liquid). When the cavitation bubbles implode (collapse of the cavities), shock waves are generated in the liquid. These shock waves break apart the dispersed droplets. The second homogenization theory of turbulence, suggests that the energy dissipating in the liquid generates intense turbulent eddies. Droplets passing through the turbulent jet at the discharge from the gap are immediately disrupted by intense turbulent flow²³. If a narrow particle size distribution required, it may be necessary to homogenized the product more than once. This can be done by two or more homogenizers in series, which ensures discrete passes, or by re-circulating the product through a single unit. But all physical processes, i.e. pressure drop, fluid shear, turbulence, impact or cavitation, could play a role during disruption²⁴. Thus high pressure homogenizer appears to be an effective instrument to produce micro- and nanoparticles with a narrow size distribution and high encapsulation efficiency by controlling the pressure on regulator.

(b) Ultrasonication

Nano-emulsions generated by sonifiers are generally attributed to a mechanism of cavitation²⁵. The ultrasound waves in liquid macroscopic dispersion, result in a sequence of mechanical depressions and compressions, generating cavitation bubbles, which tend

permanent to implode. Consequently, this shock provides sufficient energy locally to increase surface area equivalent to nanometric-scaled droplets. Efficiency of nanoemulsification by sonication depends both on the composition of the emulsion and the power device (amplitude). Ultrasonic emulsification was described as two step process²⁶. First instable interfacial waves form at the oil-water interface, which results in the eruption of rather large oil droplets into the water phase. Second the shock waves of cavitation events in the close vicinity of the course oil droplets will cause their disruption into much finer droplets.

(c) High speed homogenization

High speed homogenizer produces smaller emulsion droplets through stronger shear forces and increased turbulence. The shear forces acting upon the drug/matrix dispersion droplets and thus minimizing their size²⁷. This homogenizer assembly makes up the rotor portion of the rotor-stator generator probe. The tube and collar assembly attached to the motor housing, but dies not spin. This is the stator portion of the rotor-stator generator probe. As the rotor knife spins within the tube and collar assembly, it creates a pumping action, pulling the sample into the open end of the generator probe and forcing the sample out through the windows in the tube. The interaction of the rotor knife with these windows sets up a shearing action, reducing the particle size of sample. The speed differential between the rapidly moving portion and the relatively stationary of the sample sets up a second force called cavitation pulls the sample apart, further reducing the particle size.

(iv) Evaporation/ extraction/ diffusion of organic solvents

To harden the micro and/or nanoemulsion droplet into solid particles, the organic solvent is evaporated or extracted from the system after it diffuses into the continuous phase by maintaining agitation. In the emulsification-evaporation method, the organic solvent of

dispersed phase of emulsion is eliminated in two stages- diffusion of solvent in the continuous phase (solvent extraction) and elimination of the solvent at the continuous phase-air interface (solvent evaporation)²⁸. During the solvent evaporation process, there is the gradual decrease of the dispersion in the aqueous phase. Therefore the local concentration of the oil droplets in the aqueous phase is decreased and the diffusion rate is higher, thus resulting in smaller particle²⁹. Elevated temperature or reduced pressure and stirring speed will facilitate the evaporation of the solvent from the continuous phase and thereby maintain a high concentration gradient for the solvent between the microspheres and the continuous phase. In solvent evaporation, the capacity of continuous phase is insufficient to dissolve the entire volume of the dispersed phase solvent. While in solvent extraction the amount and composition of the continuous phase are chosen so that the entire volume of the dispersed phase solvent can be dissolved. Continuous phase will immediately extract the solvent(s) of dispersed phase so the evaporation stage will no longer necessary in the formation of microsphere. This can be achieved by large volume of continuous phase with respect to dispersed phase³⁰ or by choosing a dispersed phase consisting of cosolvents, of which at least one has a great affinity for the continuous phase or formulate a continuous phase with two solvents in which one acts as a solvent extractor of the dispersed phase³¹. In solvent extraction, first, the drug/polymer dispersion is mixed with a small amount of continuous phase to yield an emulsion of desired droplet size. Then a further continuous phase and/or additional extraction agents are added in sufficient to absorb the entire solvent leaching from the solidifying microsphere. Since the solvent extraction is normally faster than the evaporation rate (the latter depends on the boiling point of the solvent), the resultant porosity of nanoparticle matrix prepared by solvent extraction method is usually greater than nanoparticles prepared by using evaporation method³². Microspheres

prepared by solvent extraction are more regular in shape, smaller, with a narrower size distribution and greater porosity. A combination of solvent evaporation and extraction is suggested to improve the economic efficiency of the microencapsulation process³³. After emulsion formation, a sufficient quantity of an extraction fluid is added to induce the skin formation on the microsphere's periphery while the remaining solvent is removed by evaporation. The brief skin forming extraction step prior to evaporation minimizes the loss of drug during following evaporation step, while the volume of extraction fluid consumed is reduced as compared to an extraction process alone. The two steps of solvent extraction and evaporation may be combined by using a mixed solvent system³⁴.

All organic solvents may evaporate during extraction or diffusion with respect to speed of agitation or homogenization. But removal of total organic solvent through only evaporation may crystallize or leakage or deteriorate the active principle due to more time in contact with continuous phase. Therefore there was modification with or without evaporation by using organic solvents which are miscible with continuous aqueous phase to remove solvent fast eg. ethyl acetate, acetone, alcohol. Here not only miscibility but also volume of continuous phase plays important role. If the to be extracted solvent removed not by increasing external phase volume (extraction) but by continuous agitation still formation of microsphere then this method of preparation will called solvent evaporation indeed it having water miscible solvent. In case of diffusion during solidification the polymer deposition are conducted almost instantaneously and spontaneously and the uniform nanoparticle dispersion can always be attained even by mild agitation. Emulsion solvent diffusion method is relying on the concept of "solvent extraction"³⁵. Same organic solvents may use for extraction as well as diffusion principle³⁶. In solvent diffusion method, the oil phase consists of water-miscible organic solvents such as methanol or

acetone together with water-immiscible chlorinated organic solvents. During the formation of an o/w emulsion, acetone/methanol rapidly diffuses into the outer water phase and causes an interfacial turbulence between the two phases, thus resulting in the formation of smaller particles³⁷.

(v) Recovery and drying

Recovery or separation of the formulated micro or nanoparticles after evaporation of organic solvent was done by centrifugation or simple filtration using Whatmann filter paper or ultrafiltration. The residue is washed with 4-5 times in petroleum ether or n-hexane and dried at room temperature for 24 hrs^{38, 39}. Rinsing may involve elevated temperatures or use of extraction agents to reduce the amount of residual solvent in the microsphere⁴⁰. Finally the nano/microspheres are dried either at ambient condition or under reduced pressure, heat or by lyophilization to yield a free flowing powder.

SINGLE EMULSION AND MULTIPLE EMULSION TECHNIQUES

O/W:

This technique is generally preferred when water as nonsolvent to the polymer⁴¹. Particularly those drugs which are hydrophobic in nature and soluble in water immiscible organic solvents can be encapsulated by the oil-in water (o/w) emulsion solvent evaporation technique. By this method polymer is dissolved in an organic solvent, active drug dissolve or dispersed in the same medium, and then the resulting oil organic phase is emulsified in an aqueous solution containing an appropriate emulsifier. This continuous phase should have a low dissolving power for the active principle. The volatile solvent removed from such emulsion either by evaporation or by extraction to continuous phase or by combination of both the methods.

O/O

This technique is non-aqueous emulsion technique. Obviously the dispersed phase which is an oily in nature must be totally

immiscible with continuous phase. Some methods expected to low encapsulation efficiency due to fluctuation of the active principle from the dispersed phase to continuous phase. To overcome this problem, O/O emulsion method can be used. This includes extraction of O₁- phase solvent, e.g. Acetonitrile or mixture of organic solvents, by solution of emulsifier in oil e.g. mineral oil or cotton seed oil or triglyceride which should be non solvent for both the polymer and drug⁴². If drug is not totally soluble in first organic phase then it suspended in form of extremely small (i.e. submicron) particle size to assure minimization of initial release. This may called Solid-in-oil-in-oil (S/O/O) which can almost protect proteins from forming aggregates, but burst release is severe problem⁴³. Also an O₁/O₂/O₃ technique has been exemplified that may be applicable for certain hydrophobic drugs, which are soluble in flurosilicone oil (O₁-phase) but not in PLGA solvent like acetone (O₂- phase). The oil will removed from the particle by washing with hexane or petroleum ether⁴⁴.

W/O/W

The W/O/W emulsion technique is the most popular method, as developed by Ogawa et al⁹. The typical W/O/W double emulsion process consist of four steps⁴⁵: (1) Primary emulsification: An aqueous solution of active agent (internal water phase, W₁) is emulsified into an organic solution containing the biodegradable polymer (oil phase, O); (2) re-emulsification: the primary emulsion (W /O) is further emulsified into a second aqueous phase containing a stabilizer (external water phase, W₂) to form a W/O/W double emulsion; (3) solidification: the organic solvent is removed by evaporation or extraction and then solid microparticles are formed; and (4) separation and purification: microparticles are collected by centrifugation or filtration and subsequently lyophilized. The organic phase acts as a barrier between the two aqueous compartments preventing the diffusion of the active principle toward the aqueous external phase. A W/O/W double emulsion is a

thermodynamically unstable system, thus a shorter procedure time in this stage, that is, a rapid solidification of the double emulsion droplets, will undoubtedly favor higher microencapsulation efficiency. Currently this methodology is one of the most commonly used for protein and peptide encapsulation.

W/O/O

To enhance the encapsulation efficiency of hydrophilic drugs one more method of double emulsion is used⁴⁶. In this method, drug and polymer is dissolved in organic solvent or mixture of organic solvents followed by addition of aqueous phase containing surfactant. The drug could also be dissolved or dispersed in internal water phase and then emulsified in the polymer phase. The initial W/O emulsion will be prepared by stirring or sonicating the mixture for specific time. This primary emulsion slowly added to second oil phase containing surfactant with continuous stirring for particular period of time to form W/O/O double emulsion. After removal of organic solvent by evaporation/extraction recover solid particles and dry it.

W/O/W/O⁴⁷

Aqueous solution of active principle emulsified with organic solvent like DCM containing polymer to provide primary emulsion W/O. The resulting emulsion emulsified for specific period of time with aqueous phase containing surfactant to form W/O/W double emulsion. The resulting W/O/W emulsion slowly added to organic solvent like methanol as oil phase containing surfactant to present W/O/W/O multiple emulsion. This emulsion stirred at low

speed under ambient conditions. The obtained small size solid particles are separate and dry after evaporation/extraction of the organic solvents.

S/O/O/W

W.Yuan et al suggest a novel method of multi-emulsion solid-in-oil phase1-in-oil phase2-in water (S/O/O/W) to prepare microsphere⁴⁸, in which solid phase is protein loaded microparticles of size is about 1-5 μm which prepared by low temperature induced phase separation. These microparticles were suspended in PLGA dichloromethane solution forming oil phase 1. After vigorous stirring for 1 min, the suspension was emulsified into hydrophilic oil phase 2 containing surfactant and stir again to form PLGA microsphere. This hydrophilic oil phase dissolved in water, so the oil phase is easily removed. This emulsion containing microsphere was immediately transfer into aqueous phase W containing sodium chloride to harden the microsphere. The PLGA microspheres were ageing in the water at gentle stirring to extract the organic solvent, and then system was warmed up to room temperature. The harden microsphere were rinsed with pure water for three times and subjected to lyophilization again prior to storage. The present method may decrease protein aggregation and improve protein complete release. Schematic representation of all methods shown in Fig.2. Selection of emulsification technique is depending on the physicochemical properties of the active principle.

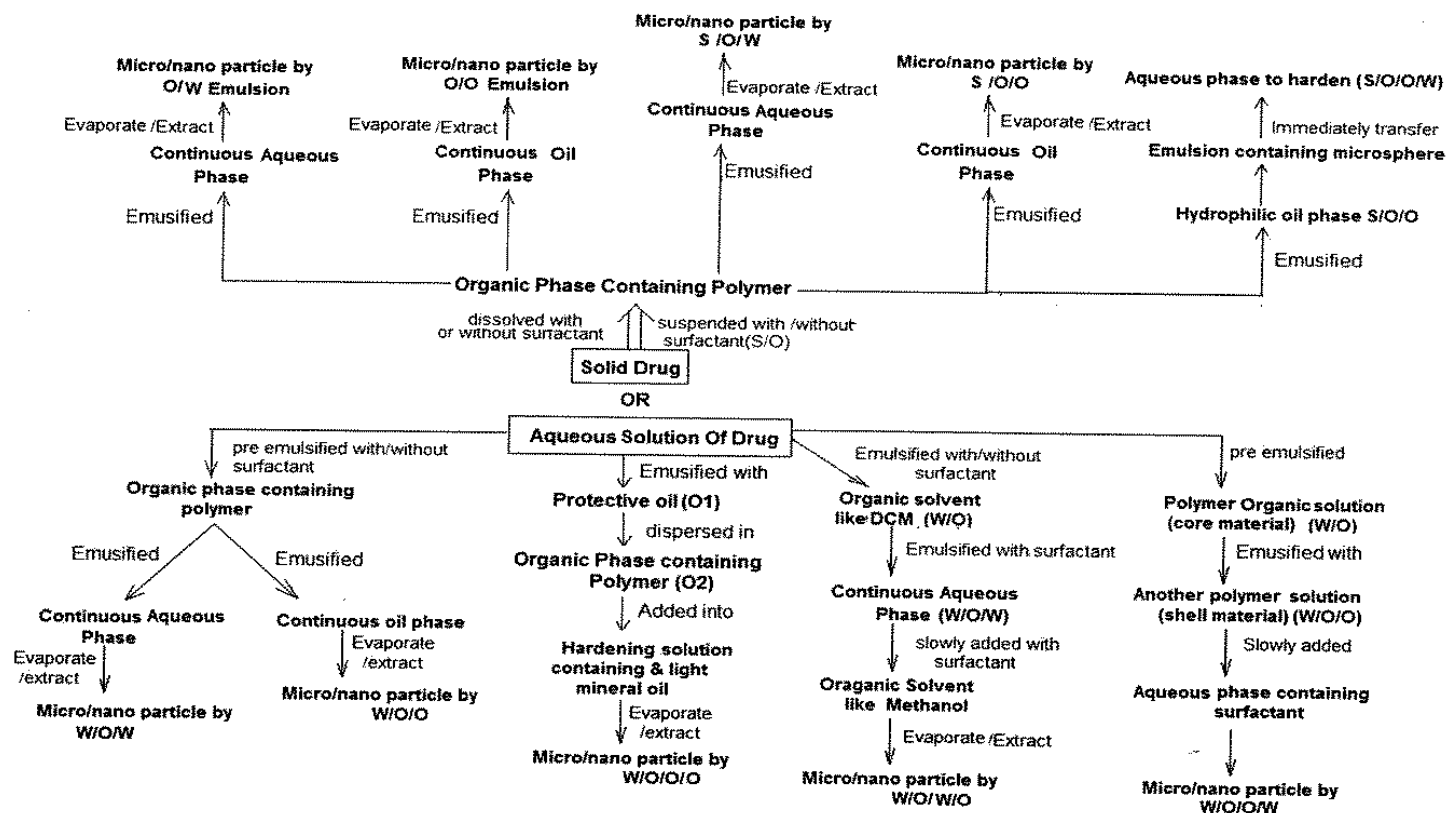


Figure 2.
Flow chart for the preparation of micro/nanoparticles using different solvent emulsification techniques

FACTORS AFFECTING

Various factors affect to yield micro and/or nanoparticles of desired physicochemical characteristics, drug entrapment efficiency, and drug release rate properties.

A) Chemical Factors:

(i) Solvents

When preparing microspheres or nanospheres containing a pharmaceutical agent, the choice of organic solvent is critical in developing a successful formulation. Apart from its ability to dissolve the polymer and its miscibility in the external phase, its toxicity should also be taken into account, since there will always be trace amounts of residual solvent in the final microsphere formulation. The organic solvents with high interfacial tension in the water phase are used for the preparation of polymer

particles. Fuminori Ito et al studied the effect of types and mixture of solvents on the characteristics of refampicin loaded PLGA microspheres⁴⁹. The drug loading efficiency and particle size of the microspheres prepared by using different solvents like acetone (0) <ethyl acetate (6.78) <dichloromethane (20.4) <chloroform (31.4) was increasing in order of the same sequence. Bracketed values define the interfacial tension between solvent and water (mN/min). The low drug loading efficiency of the microspheres was a result of further transition of the drug to the water phase because of the better miscibility of water and the oil phase. The common class 3 solvent, acetone, produces highly porous particles⁵⁰. The effect of solvent composition was also studied on microspheres of water soluble drug

prepared by W/O/O double emulsion solvent diffusion method. From ethanol/DCM mixture, when the volume of DCM was greater than ethanol, large microspheres were formed in a non-spherical shape and if proportion of ethanol was greater, the size of microspheres decreased⁴⁶. According to literature, the effect of co-solvents has only been studied for hydrophilic drugs in an attempt to increase their drug loading capacity. Porogen like hexane, n-heptane is used to generate the pores inside the microspheres to increase the degradation rate of polymer and improves drug release rate⁵¹. The relatively high solubility of ethyl acetate in water usually gives rise to a fast diffusion of EA from oil droplets into the outer aqueous phase which easily leads to polymer precipitation rather than the formation of microparticle. Indeed the fast diffusion rate of EA from oil phase into outer aqueous phase benefits rapid solidification of microparticles, which results in improved protein entrapment efficiency⁵². A study by Sani et al. reported the use of EA (a class 3 solvent) for PEG-PLGA that produced uniform small size range of nanoparticles⁵³.

(ii) Polymer

The biodegradability or biocompatibility is an essential property for the polymer used for pharmaceutical application. The choice of polymer used as drug carrier depends on the desired drug release rate, which is essentially determined by the polymer's physical properties. If one polymer cannot present a satisfying drug release, a single polymer, called co-polymer, can be synthesized from two different polymers. The common biodegradable polymer used for the preparation of micro and nanoparticulate DDS given in the above. Non-biodegradable polymers with good biocompatibility are also used as drug carriers, such as ethyl cellulose is degradable but not biodegradable and polymethyl methacrylate is biocompatible but non-degradable.

It has been found that poly(lactide-co-ethylene glycol) (PELA) microspheres were

slightly smaller in size more porous surface and internal structure, higher encapsulation efficiency and more rapid in vitro release rate compared with PLGA ones if prepared at identical emulsification strength due to change in hydrophobicity⁵⁴. In case of PLA slight decrease in particle size and polydispersity index with increasing PLA molecular weight. Likewise zeta potential increases slightly when molecular weight of PLA increases which is related with carboxylate end groups of PLA⁵⁵. Increasing the amount of PLGA resulted in the significant increase of particle size. This may be caused due to increasing the viscosity of internal phase, resulting not appropriate dispersability of the internal phase into the aqueous phase. Bigger particles are formed as a result of higher polymer concentrations due to a high viscous resistance against the shear forces during the emulsification. In microspheres made with low and high molecular weight blends of PLLA, PLGA⁵⁶ the glass transition temperature (T_g), crystallinity, and melting temperature (T_m), all changed with an increasing proportion of low molecular weight polymer in the blend. So, morphology and drug release from these microspheres may be modulated by the addition of low molecular weight polymer at different proportion. The higher concentration of polymer increases in drug-polymer phase viscosity, which could restrict the migration of the drug to the continuous phase and thus improve its entrapment⁵⁷.

(iii) Surfactant

The amount of surfactant plays an important role in the emulsification- solvent evaporation/ extraction process for the protection of droplets against coalescence. Polyvinyl alcohol (PVA), sodium dodecyl sulphate (SDS), methyl cellulose, gelatin, cetrimethyl ammonium bromide (CTAB) all give the successful preparation of micro and nanoparticles. The properties of microspheres are affected by both HLB and surfactants. At the same HLB, surfactants consist of more fatty acid chains fabricate microspheres of larger and have

higher drug contents. In contrast, surfactants with longer polyoxyethylene chain produce smaller microspheres. Within same blend of surfactants, HLB produces marked variation in sizes of the microspheres but, drug content is, however, not definite. The rate of drug release generally retard by surfactants with low HLB. Addition of hydrophilic surfactants to aqueous phase containing the drug produces larger microspheres having lower drug encapsulation efficiency⁵⁸. Increasing the PVA concentration in the external aqueous phase ensures good emulsification process and results in both size reduction and a lower polydispersity index. During the preparation of microspheres of ovalbumin from blends of PLG and PEG by w/o/w method, decrease in microparticle size was obtained by increasing the concentration of PVP as surfactant in the continuous phase, but no significant effect on size or protein entrapment of ovalbumin by w/o/o method at same conditions⁵⁹.

The entrapped percentage of paclitaxel was lowered by using PVA, but emulsifier D- α -tocopheryl polyethylene glycol 1000 succinate (vitamin E TPGS) found significantly improved as high as 100%. This is due to shortage of PVA as emulsifier to fabricate polymeric nanosphere⁶⁰. Higher concentration of surfactant may result in a more stable emulsion which hinders the mass transfer of insulin with surrounding leading to a more even and homogenous distribution of protein within the interior of PLGA microspheres.

(iv) Drug loading

An increase in initial loading of the drug increases nanoparticles mean diameter and polydispersity index. Greater amount of drug results in more viscous dispersed phase, making difficult the mutual dispersion of the phases and forming larger particle although encapsulation efficiency was practically same⁶¹.

B) Physical Factors:

(i) Agitation speed, homogenization pressure and sonication time

Particle size and polydisperse index of micro and nanoparticles decreases with increase in agitation speed¹¹. Other factors should also be considered with agitation like the geometry of the reactor, the number of impellers, and there position and the ratio of impellers diameter compare to reactors diameter, viscosity of disperse and continuous phases etc. Microspheres made with side baffles gives better yield, double recovery, small particle size than microspheres made without baffles. The nanoparticles prepared by a double emulsion pressure homogenization technique showed no significant change in size but decrease polydispersity index before 3 min of shear stress of the homogenization device, but after 3 min the stability of double emulsion seemed to be decreased gives uncontrolled coalescence of the droplets leading to an increase both size and polydispersity⁶². With increases in the sonication time leads to the reduction in nanoparticles mean diameter and also narrower granulometric distribution.

(ii) Ratio between external and internal phases

The ratio between external and internal phases of emulsion is of great importance to its stability and influences the size of globules. Mainardes and Evangelista²⁵ carried a study on praziquantel PLGA nanoparticles by oil-in-water solvent evaporation method and conclude that increase in internal phase volume leads to slight decrease of the nanoparticle's average size for a given polymer concentration. This conclusion was also similar for microparticulate DDS. This occurs because the coalescence of the droplets can be prevented by a large amount of organic solvent available for diffusion in the O/W emulsion. Besides, applying 25 ml of external aqueous phase resulted in lower mean sizes of nanoparticles among to those formulated with 50 ml of aqueous phase²⁷. The encapsulation efficiency increased with decreasing amount of organic solvent. This is due to the increased viscosity of the organic/drug polymer solution at smaller amount of organic solvent, which

slow down the diffusion of the active into the external aqueous phase⁶³. In case of w/o/o double emulsion the volume of internal water phase was directly proportional to the size of microspheres. For continuous phase as the volume increased the size of microsphere decreased because more volume had fewer chances for emulsifying globules to coalesce/aggregate with each other⁴⁶. The rate of addition of organic phase to aqueous phase also affects on the drug entrapment efficiency.

(iii) Solvent evaporation rate

Effects of the rate of solvent evaporation on the characteristics of drug loaded microspheres were studied by Mainardes and Tze- Wen Chung et al^{25, 64}. They reported that microspheres obtained by fast rate of solvent evaporation (reducing ambient pressure) shows smooth surface with smaller particle size and lower drug encapsulation efficiency than microspheres by normal rate of solvent evaporation.

(iv) Processing Temperature

Gradually increasing preparation temperature leads to decrease in particle size. This is due to the emulsion at high temperature is less viscous, thus it is much easier for the emulsion to be broken up into smaller droplets at the same power of mixing input. However higher temperature yield larger size of microsphere, probably due to rapid solvent evaporation⁶⁵. In one more study of encapsulation of BSA in PLGA microspheres Yang et al revealed that low preparation temperature gives the fastest initial but the lowest overall shrinking rate, uniform internal pore distribution, and a very thin dense skin layer, while at high temperature the lowest initial yet the highest overall shrinking rate, thicker but porous skin layer and bigger pores at the middle of the sphere. In terms of in-vitro release, microsphere fabricated at low temperatures (5^oC, 15^oC, 20^oC) exhibit similar, steady rate but microspheres formed at higher temperature

give very low release rates after their initial release⁶⁶.

(v) pH of processing environment

The droplet size of the primary emulsion could be influenced by the type of buffer used; this could also affect the microstructure of the microspheres. Increase in pH of external aqueous phase decreases the degree of ionization and solubility of drug which results in increasing the drug entrapment. Recovery of nanoparticles was also higher at high pH⁶⁷. The addition of various buffers or salts to the internal aqueous or external aqueous phase affect the osmotic pressure gradient between the two aqueous phases and the organic solvent/ water flux during the microsphere formation. High encapsulation efficiencies were obtained when the salts were added to both the internal and external aqueous phases while encapsulation efficiencies were significantly lower when salt being added to only the internal aqueous phase⁶⁸.

(vi) Effect of pressure

The microspheres made by reducing pressure have an apparent smooth surface and smaller size than made at atmospheric pressure. Reduced pressure can improve the drug encapsulation efficiency in most cases. Izumikawa et al. revealed that drug encapsulation efficiency was greater for microspheres that have been prepared using solvent evaporation at a reduced pressure than for those prepared at atmospheric pressure²⁸. In order to verify the influence of organic solvent evaporation rate a vacuum rotary evaporator presented nanoparticles of small diameter than the particles obtained by magnetic stirring method. The reason for the formation of smaller particle is the higher solvent front kinetic energy^{25, 55}.

Table 1.

Summary of drug loaded micro and nanoparticles prepared by different methods of emulsification.

Active Drug	Method of preparation	Polymer	Dispersed-Continuous Phase	Size	Application	Ref.
Paclitaxel	O/W	Methoxy PEG-poly(lactide)copolymer	Acetonitrile- Pluronic F68 Aq. Solution	89-90nm	Anticancer	69
Insulin	O/O	Poly(lactic-co-glycolic acid) (PLGA)	Acetonitrile-Mineral oil	1.04-8.47 μ m	In treatment of diabetes	57
Ganciclovir	S/O/O	Poly(lactic-co-glycolic acid) (PLGA)	Acetonitrile- Light mineral oil	30-110 μ m	Antiviral	43
Ovalbumin	W/O/W	Poly(d,l-lactide-co-glycolide) PLG	OVA Aq. Solution- Dichloromethane-PVA aqueous solution	2.86-8.63 μ m	Protein for immunization	70
Ciprofloxacin	W/O/W High-pressure emulsification	poly (lactic-co-glycolic acid) (PLGA)	Drug aq. Solution-DCM-PVA aq. Solution	130 nm - 353 nm	Antibacterial	71
Ovalbumin	W/O/O	Poly(d,l-lactide-co-glycolide) PLG	OVA Aq. Solution- Dichloromethane- Methanol	11.05-11.08 μ m	Protein for immunization	70
Bovin Serum Albumin	S/O/O/W	Poly (lactic-co-glycolic acid) (PLGA)	BSA-DCM-Hydrophilic oil-PVA aq. solution	40-100 μ m	Protein for immunization	48
Ovalbumin	W/O/W/O	Poly(d,l-lactide-co-glycolide) PLG	OVA Aq. Solution- Dichloromethane-PVA Aq. solution- Methanol	1.98-2.03 μ m	Protein for Immunization	70

CONCLUSION

Solvent evaporation / extraction, evaporation / diffusion, modified spontaneous emulsification diffusion are the techniques which start to grow from batch to continuous production of micro and/or nanoparticulate drug delivery systems. The processing conditions and contents of particular method mainly affects on the desired properties of system where each trial is with some error. The knowledge of solidification mechanics or mass transfer clears the basics of required kinetics of solvent removal. Emulsification is the only centered process where we can achieve the required size of droplets having high encapsulation efficiency of drug. It has been shown that those drugs which are unstable in single emulsion method can

delivered with good stability and higher encapsulation efficiency by multiple emulsion techniques. Now application area of solvent emulsification is also becoming very vast. In response to these concerns, the modification in basic concepts, research and development in biodegradable polymer technology and new techniques for large scale production is essential for future studies.

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